VERO BEACH

Doctors bring new cancer treatments to Vero. P 26

Chefs take the spotlight at March of Dimes fundraiser. P9

A renowned saxophonist lives (but doesn't play) in Vero. P18

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32963 Insider

'No voting here today'

Some Indian River Shores and county residents irate over the cost of the electricity provided by Vero Beach utilities this summer turned out on Tuesday to register their anger at their customary polling place - the Indian River Shores Town Hall.

The problem: No voting was taking place there.

These zealous voters thought they were going to get their chance to make their unhappiness known over the Vero Beach City Council's handling of the Vero utility, which provides electricity (and water and sewer service) to thousands of island residents who live in the unincorporated county or the Town of Indian River Shores.

Confused by the "No Voting Here Today" signs on the Town Hall doors, they went away disappointed after being reminded that they live outside the Vero Beach city limits.

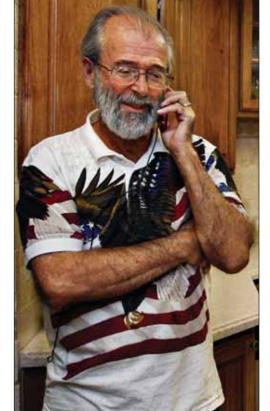
The misunderstanding is only further evidence of what many have called "taxation without representation," since 61 percent of Vero Beach electric customers live outside the city limits and are not represented by the elected officials on the Vero Beach City Council.

Since the Council transfers nearly \$11 million collected through utility bills each year into the city's general fund – which pays for municipal services -holding down property taxes for city residents, non-city residents rightly feel a portion of their electric bills is a hidden tax.

News 1-9

Can you believe it?

Brian Heady, Charlie Wilson join Vero Beach City Council



MILTON R. BENJAMIN STAFF WRITER

While many had anticipated the win of Vero Beach utility critic Charlie Wilson, the victory of professional outsider and perennial candidate Brian Heady for the second seat up for grabs in this year's City Council election shows just how disgusted voters are with business as usual.

The two incumbents seeking re-election, Debra Fromang and William Fish, ran a distant fourth and seventh in a weak seven-candidate field. If Mayor Sabe Abell and Vice Mayor Tom White had been up for re-election (their time comes next year), they likely would have fared even worse. Only first-year incumbent Kevin Sawnick might have had a chance of escaping voter anger.

The underlying voter message here is that when people express concern over a problem, such as this summer's crippling electric bills which have busted the budgets of homeowners and businesses



CONTINUED ON PAGE 2

Photos: Tom McCarthy Jr.

St. Edward's presses ambitious fund-raising effort

BY MICHELLE GENZ STAFF WRITER

St. Edward's School, in an effort to turn all attention to the future and get beyond the debt overhang from the massive building program undertaken in 1999, has launched one of the most ambitious fund-raising efforts the Vero

barrier island has recently seen.

The goal of this effort is to complete the Pirate Fund campaign to raise \$13 million in pledges by the end of this coming January - instead of December of next year, as originally contemplated. The Pirate Fund was launched last

spring and has thus far raised \$7.2 million in gross pledges, to be paid out over a five year timeline

That means that in only 12 weeks, new head master Michael Mersky, Board of Trustees Chairman Ron Edwards, and other St. Ed's board members and parents must convince donors who have not already signed on to pledge an amount approximately equal to the millions already committed.

Given that those who presumably were the most likely givers have already pledged

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November 5, 2009 Vol. 2, Issue 32 Insight 29-52 Faith 63 People 9-13 Arts 14-21 Games 49-51 Dining 64 Food 65-66 Books 46-48 Calendar 74-76 Travel 53-55 St. Ed's 67-68 Style 56-61 **Classifieds** 77 Living 69-70 Health 22-28 Pets 62 Real Estate 71-80

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From Vero to Afghanistan: Care packages for Lt. Michael Tozzolo and his platoon. 32963 Insight, page 29.

Charlie Wilson, Brian Heady win election of surprises

BY LISA ZAHNER STAFF WRITER

It was an election of upsets and surprises.

Two new city council members – frontrunner Charlie Wilson and activist Brian Heady – rode into office on the wave of a singular issue, rising utility costs.

The two are not likely to see an end to their turbulent ride onto a board they have made to appear woefully out-of-touch with those it represents.

"This is what I call an Etch-A-Sketch moment," Wilson said. "It's like when you've played with it and tried to draw something and you get the lines all crooked and you've really screwed it up, you just take the thing and you shake it."

Wilson and Heady will start twoyear terms Friday, having unseated incumbents serving on a board both portrayed as easily led by staff and naïve – to the point of signing a \$2 billion utility contract without reading the fine print.

But if there is a Cinderella story, it belongs to Heady, perennial candidate, self-professed people's champion, local gadfly with a mighty ax to grind. He will now sit on the dais of a board that has repeatedly shunned his sometimes abrasive methods, accusing style, and at least once had him removed from proceedings.

Watching results at home with his wife and pets, even he didn't believe his win until City Council member Kevin Sawnick called him.

"I am more honored than surprised," said Heady, who claims he spent nothing – not even the costs of signs-- on the campaign. ""What got me elected wasn't the glossy ads. It was people talking to people. And that's a good thing." Wilson has been preparing – attending meetings and workshops, and also surrounding himself with professionals to advise him on the legal, financial and other implications of actions the city has taken and may take in the next months.

But there has been much ire and friction between those entrenched in power and the candidates, all saying they are working on behalf of the citizens and ratepayers of the city.

Now, presumably, they'll have to find some common ground. And with Heady on the board, no one is sure how that will be done.

Can you believe it?

CONTINUED FROM PAGE 1

alike, an acceptable response is not the current Mayor's suggestion to turn up the thermostat, buy ceiling fans, and hope for cool nights so one can sleep with open windows.

It may – or may not – be time for the City of Vero Beach to get out of the electric business, and turn this responsibility over to Florida Power & Light. It may – or may not – be time for Vero Beach to consolidate its water and sewage utility with that of Indian River County. It almost certainly is time for Vero Beach to stop raising utility rates so it can skim off millions in so-called "profits" from these services, and use the funds to subsidize the city's bloated bureaucracy.

These are all serious issues that deserve serious attention. But the big question is whether frustrated Vero voters have created a City Council that will tackle them, or whether we now have an even more dysfunctional Council than before.

On Friday, Wilson and Heady will sit down at the Council table for the first time with Abell, White and Sawnick. Their first challenge will be selection of a new Mayor. Get used to saying Mayor Sawnick.

But the real test will come when all five have to start tackling the serious issues. Some ugly words have been spoken. The Council members he will be joining are not, as Heady once suggested, "a collection of liars, cheats and thieves." But in private (and notso-private), some of them have called Heady and Wilson as bad or worse. Will they be able to put the past behind them, and work together for the betterment of our community. We'll see.

If not, the three remaining sitting members of the City Council will face Vero Beach voters next November. If performance does not improve, the take home message is: Incumbents beware.



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"The way things are now, everybody thinks that you all have to get along and vote with your friends and look where that has gotten us," Heady said. "People want someone up there who is not going to worry about whether or not the other Council members are their friends, someone who will vote the right way for the residents of the City of Vero Beach."

Heady is proof that persistence pays off. He himself isn't sure how many times he's run—but he has run numerous times for City Council, for County Commission and once as a write-in candidate for U.S. Senate in the 1990s. Though the personalities and the issues have changed over the years, Heady has remained steadfast in his role as a renegade.

"You know, it's interesting. During this campaign I received some advice. Someone asked me if I know the definition of insanity, that you can't keep doing the same thing over and over again and expect to get a different result," Heady said.

"They said, Brian, you have to change, but I've been saying the same things for years because I believe them to be true."

Heady has been criticized and even escorted out of council chambers for calling the city leaders "liars, cheats and thieves," a message that obviously resonated with Vero voters after the summer of discontent.

"The same things I've been saying for years, I guess that's what the voters wanted to hear this year," he said.

For Wilson, a seasoned broadcast journalist and political operative, the fourth time was the charm.

Wilson ran for a seat in the Florida House in the 1980s and lost to Charles Sembler in the Republican primary. He had two more unsuccessful bids for office – the Indian River Hospital District in 2004 and for Indian River County School Board in 2008.

Tuesday's victory was the perfect storm for Wilson. He capitalized on the combination on voter discontent with the incumbents for their lack of action and the city's lax attitude over utility issues. In that mix, Wilson made himself the only candidate with a plan – and at least some solution.

His mantra was "get us out of the electric business."

"We have seriously mismanaged ourselves into a huge hole," he said. "I don't expect people to be able to see into the future, but the assumptions used were very wrong. Going forward we need to ask better questions."

Instead of finding ways to keep utility customers who live outside the city in the system against their will, Wilson said he would focus on running the utility like a business that was competing for customers.

"If we have happy customers, they're not going to want to go anywhere else," he said. "If we treat them well and give them a good value, they will not want to get off the system."

Other items on Wilson's agenda will be close scrutiny of the city's flagging pension system, which has had to contribute unprecedented amounts into employee pension funds to ensure its viability, a review of employee health benefits and of ways to run the city more efficiently and effectively.

"What you picked me to do is to come up with a plan to operate the city as small as possible and less expensive, while having all the things we expect out of the City of Vero Beach." Enough with the platitudes and sound bites. The election is over and the voters have issued a mandate for change. Now, comes the hard part, settling into council business and keeping promises to voters.

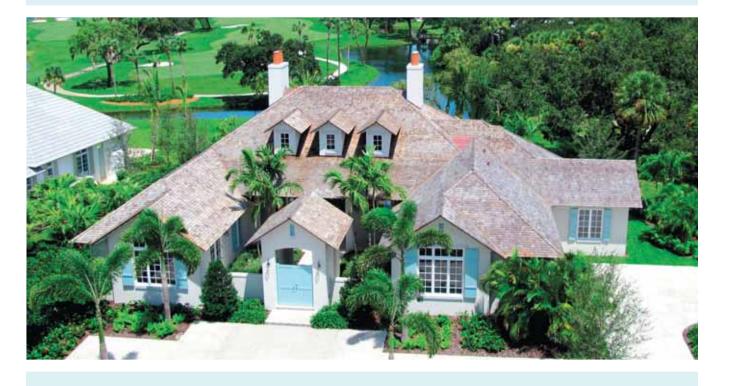
Picking the next mayor – from within

On Friday, the new council members will be sworn in and will join Sabe Abell, Tom White and Kevin Sawnick at the dais. The City of Vero Beach does not elect its mayor and vice mayor, but instead chooses them from within. Members may nominate themselves or each other and, once the nomination is seconded, the council members vote. Should more than one member be nominated, council members must decide whom to vote for as mayor, then as vice mayor.

The mayor runs the meetings, sets the tone and helps shepherd discussion, but he or she is not permitted to make a motion to vote or take action on any matter. The mayor may second a motion.

CONTINUED ON PAGE 8

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Page 3

Exclusively John's Island



St. Edward's

CONTINUED FROM PAGE 1

millions, that would appear to be a daunting challenge. But the St. Ed's leadership is determined to make this happen.

"The School's debt must, and will, be put behind us," Mersky and Edwards said in a letter to parents unveiling the new five-year strategic plan. "Our goal is to have the resources in place prior to re-enrollment contracts being mailed this coming February 2010 for the next academic year. "

"The Board of Trustees as leaders, along with the Head of School and Advancement Team, has been working diligently to garner the resources so that all, including our bank, will agree on the 'debt-relief plan' by the end of January." Since June, Mersky has been searching for donors in Vero Beach and beyond. In a few cases, when prospective donors were away for the off-season, he has travelled to meet with them at their second homes. Now as winter residents return, his campaign for pledges redoubles, even as he adjusts to his first semester as head of school.

"There is no doubt that it has been a challenge to raise funds for debt relief in such a short period of time," Mersky said. "However, the defined and abbreviated time period has created a focus within this School community, and our recent successes would suggest that our constituents and others in the larger region know the importance of having our School move forward with a plan to put the debt behind us."

The news that the fund-raising effort was being dramatically acceler-



ated was largely lost in the announcement a week ago of the school's plans to reposition itself for the future.

Initial attention tended to focus on plans to consolidate the Lower School with the Upper School on the South A1A campus, and sell off the school's quaint 5.7-acre Riomar campus – a decision that provoked more nostalgia than protest from parents.

At a meeting with Mersky last Thursday night, parents seemed by and large relieved to hear of the new strategic plan to assure the school's future, according to those at the meeting. School officials and parent leaders say reaction was judged to be positive regarding the plan to consolidate campuses, cap tuition hikes, cut financial aid and plan for smaller enrollment.

But the urgency of bringing the Pirate Fund drive to an early and successful conclusion was made clear to the point that parents have been calling Anne Storch, director of advancement, asking how they can help.

"I've got a meeting this afternoon with parents of a pre-K student with another one at home," Storch said Monday. "They love St. Ed's and they want to know how they can help. It's rare that parents call me. Usually I'm calling them."

The sale of the Lower School campus is not likely to ease the school's immediate fund-raising challenge since any new owner could not take possession until the start of the next school year, at the earliest, officials say.

So that leaves Mersky, Edwards and others to press on with the Pirate Fund to retire the \$15.3 debt incurred when St. Edward's school undertook a massive re-do in 1999.

"We just don't want it hanging over our heads," says Storch. "If people are waiting to give, this lets them know they can't wait any longer."

Launched last February by Edwards, Lorne Waxlax, Matt Gafton and Bill Becker, the Pirate Fund raised \$5 million dollars in pledges in the first three months of its existence. But momentum apparently subsequently flagged. In the subsequent six months, coinciding with the off-season, crusaders for the fund managed to raise another \$2.2 million.

On a net present value basis, that translates to less than half of the \$13 million needed, according to Edwards, newly appointed chairman and former long-time treasurer of the St. Edward's Board of Trustees. Edwards is president and CEO of Evans Properties, a prominent local citrus firm.

With many beach residents absent for the summer season, Edwards and Mersky have targeted alumni and families living in Vero full-time. But the fund-raising rate has slowed to a fraction of its original pace.

According to the contract with donors, if the balance of funds is not raised by Dec. 31, 2010, the pledges expire. At that point, the only way to salvage donations to the fund would be to convince the bank – Wells Fargo, formerly Wachovia, which wrote the school a letter of credit for a bond for the renovation – to negotiate on the remaining debt.

Now, those negotiations would take place in January.



"We have no idea where we're going to come in, but we're serious about this," Mersky said. "We have three months to go, and we're really choosing to relieve ourselves of the entire debt so negotiations can be simple. "

"If negotiations have to be a little more complex, we're able to do that as

well." he added.

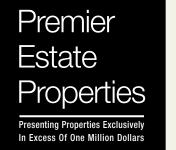
The Pirate Fund also spells out specific annual goals that must be met by the school in order to receive that year's debt payment. Payouts, made over a span of five years, would not begin until in March 2011.

With goals and deadlines approach-

ing, the activist minds behind the drive are also looking to reframe the long-term financials of the school, conceding that they now must sell off the beloved old structure housing the school's K-5 classes, and consolidating those 200 students on the new main campus on the south island.

St. Edward's School took over the old Riomar Club in 1965, and it currently serves as the Lower School. Set on a beautiful and valuable 5-plusacre lot in the island's most historic neighborhood, the very visible Lower

CONTINUED ON PAGE 6



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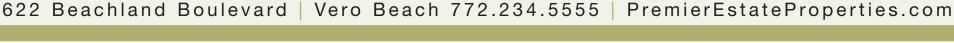
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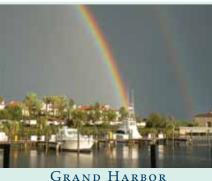
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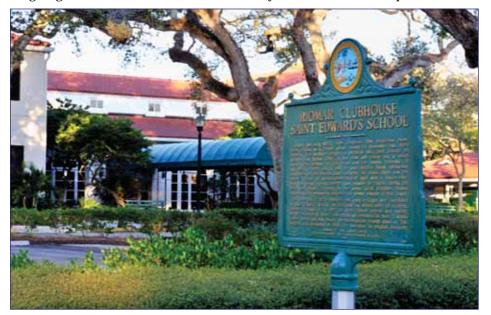
School, a landmark on Club Drive, has for years epitomized the safe, nurturing atmosphere that drew so many to the school.

"The Lower School is a wonderful place because of the faculty," says Julie Knight, a former teacher who has a child at St. Ed's. Knight is the former chair of the Parent Advisory Committee.

"Kids are loved because the faculty loves them. Scraped knees get kissed because the faculty loves doing that. That faculty is so phenomenal – they are going to make this transition." Preservation Commission, and a onetime St. Ed's parent. "They should keep the old campus and tear the new one down."

Others have more equanimity. "Financially it's the right thing to do," says Knight, owner of retails shops including Gazebo on Ocean Drive. "The Lower School campus is wonderful and fuzzy. I too was sad when I heard about it — I used to teach there. But when I think of what can be happening two years from now when those little kids are on a campus that's all wireless, with a stage and a pool, the basketball courts and amazing playing fields, I'm like, Wow.

"But then, I've gone through this very close to the whole process," she



How much that faculty will have to be cut to accommodate the proposed 12 to 24 percent shrinkage in student body is not being discussed. Teachers are hired on an annual contract at St. Ed's.

"We're going to have a reduction in enrollment and a reduction in staff goes with that, in fact," says Edwards. "We're going back to the size we were 30 to 35 years ago. We haven't gone through exactly how we're going to do that yet. I don't really know how it all will happen at this point."

Mersky has said he hopes to get around \$4 million for the property. The sale would not go forward until the children are relocated at the beginning or midpoint of the next school year.

Though the Riomar building holds immeasurable nostalgic charm for the St. Ed's family of parents and alums, it has no historical designation affording it protection; the only building on the island on the National Register of Historic Places is the Driftwood Inn.

St. Ed's has not actively begun marketing the Riomar campus, according to Edwards.

Emotions run deep regarding the structure, at least with one local preservationist. Selling the building is "a travesty," says Debra Atwell, chairman of Vero Beach's newly formed Historic adds. "I've had time to digest it and look into it. It's a little emotional for a lot of people."

Once the downsizing of enrollment occurs, presumably by attrition partly resulting from planned cutbacks in financial aid, the school intends to keep numbers low by implementing tougher admissions standards.

"We had increased financial aid trying to increase enrollment," says Edwards. Now, he says, reduced aid furthers the new goal of a smaller student body. Scholarships will continue to foster diversity, officials say, but are "being reduced to what normal rates are at independent schools."

At the same time, tuition increases are being capped to 4 percent annually. In past years, hikes have spiked at twice that rate.

So far, Mersky's trial-by-fire has suited him, he says. "That's just my style," he insists. "I wouldn't be the kind of head of school to sit around for a year and honeymoon. I'm much more of a doer.

"I've combined getting to know me with getting to know the strategic plan, and I've been incredibly well received by my constituents," he says. "Somehow early on they've had faith in me. They know I want to be here 10 to12 years and make a difference before I retire."

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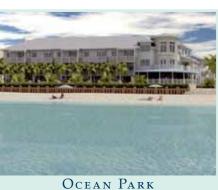
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Election

CONTINUED FROM PAGE 3

For this reason, Charlie Wilson said he does not want to be mayor, as he wants the option to make motions on the issues he deems crucial to the next steps for the city.

Vice Mayor Tom White could not be reached on election night as to whether or not he would seek a promotion to mayor, a post he's held before. Abell said he would accept a nomination to return to the mayor's seat.

Whoever will be the next mayor, Wilson said he hopes to see a change in the way citizens are treated.

"I want to see fairness from the chair and I would like to see people feel wel-



Ken Daige campaigns on election day.

come to come to the podium to speak come to ask a question that you've anto the council," he said. "Even if they

swered 1,000 times, it's the first time



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vou've answered it for them."

Kevin Sawnick would be an interesting choice for mayor. Known as someone who does not speak up a great deal, but who asserts valid points and advocates for the common citizen when he does. Sawnick could be the voice that would bring the disparate factions of the status quo and the change-makers together.

Sawnick, by far the youngest member of the council and the only Democrat, said he would accept a nomination for mayor if it meant that he could help push issues forward that are important to the people he represents.

"There are really two groups of people who talk to me the most about what's going on in the city. The first group is the older, retired folks and they're very concerned about the utility issues," he said. "The second group is the young people, a lot of them are working in Melbourne or Port St. Lucie and they're concerned about good jobs and about having a social life here.'

When discussions get off track from reality, Sawnick has been known to bring council members back around to the concerns of actual people - some of whom are out of work, hurting and struggling to make ends meet.

What to do about the OUC contract?

Charlie Wilson campaigned on a platform of a radical change of course in short order - getting out of the pending contract with the Orlando Utilities Commission, which is set to go into effect on January 1.

Wilson has mounted the charge to challenge the contract on many fronts, not the least of which is the fact that four then-seated city council members have gone on record saying they did not fully read the contract before they signed it, and that staff had redacted portions containing costs and millions in fees if the city pulled out of the OUC contract.

Over the past few weeks, the city has pulled out all the stops in its public relations campaign to keep the OUC contract and stay in the power business.

Mayor Abell continues to stand by the contract.

We spent a long time looking at the contract, and we felt we got a pretty good deal from OUC," Abell said.

The only member of the 2008 council who was not part of the contract debacle, Sawnick, said the city has suffered for the way it was handled.

"I'm sure it seemed like the right thing to do at the time, you can always look back on things you did in the past and think that you could have done something better," he said.

"Maybe the way it was done and kept from the public was the only practical way to do it, but it still looked very bad."

People

Chefs in spotlight at March of Dimes fundraiser at Moorings

BY LINDA CLARK COLUMNIST

Talk about fearless foodies: Launching Vero's first-ever Signature Chef Auction & Wine Extravaganza fundraiser on a Monday night, and in the pre-season, often socially somnam-



Event chair Nicki Kent and Tim Maslin



Featured necklace donated by W.M. Dori Jewelers

bulant October at that, seemed to some as dicey as a *mirepoix*.

But between the massive "savethe-date" media blitz, a great cheffocused venue in the Moorings Club, reasonably priced tickets (\$150) and strong local support for The March of Dimes, the debut was as close to perfect as a Grand Marnier soufflé just coming out of the oven.

Costa d'Este's Executive Chef David Rodriguez was the event's host. A culinary rock star at a similar event last year in Boca Raton, he then donated as an auction item a chef-prepared dinner for 12. With autographed cookbooks by Gloria Estefan thrown in, the bundle went for \$10,000. Not too shabby.

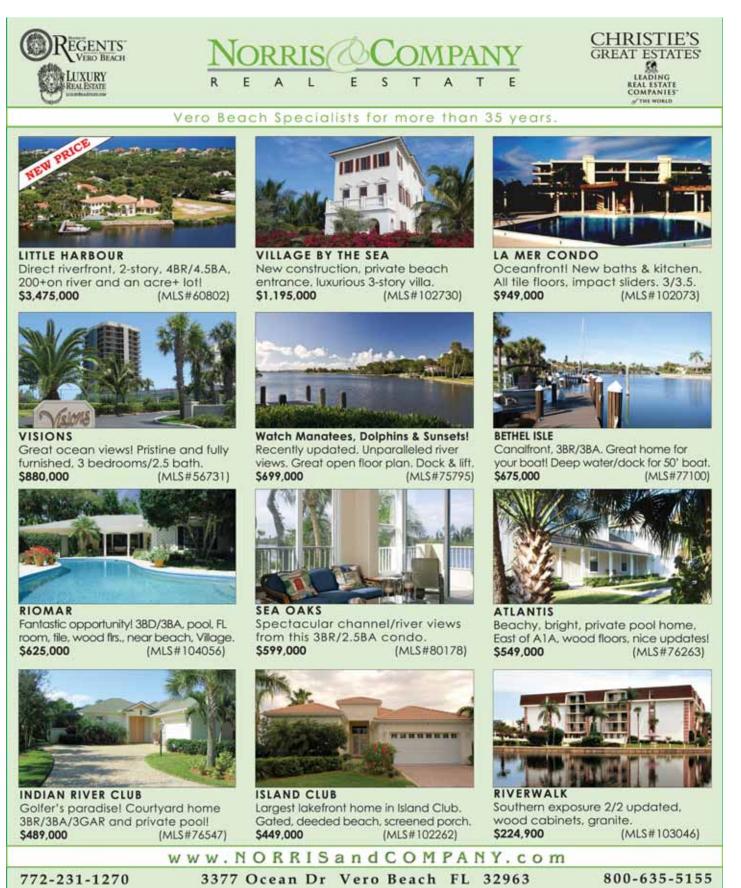
Naturally, The March of Dimes in Boca couldn't wait to have him for an encore this year, but David is a very busy guy these days running Costa's Cuban-inspired restaurant, Oriente.

"It was hard to take the time to go all the way down to Boca again this year," said Rodriguez, who has been involved with March of Dimes for over 13 years. "So all of us at Costa d'Este decided to bring this great event to Vero."

Arriving guests perused and bid on silent auction items displayed around the perimeter of a lovely and spacious room as the champagne flowed during cocktail hour. A "Bubbles for Babies" promotion featured a specially etched champagne glass that you could buy for \$100 and that came with unlimited champagne, as well as a raffle ticket for a \$10,000 diamond necklace donated by W.M. Dori Jewelers.

Silent and live auction items ran the gamut from a private cooking lesson for 30 with one of Vero's top chefs, a custom portrait created by Miami's internationally famed pop artist Romero Britto, to a golf getaway in the Colorado Rockies.

There was also a six-course dinner for 12 prepared by Chef David in your CONTINUED ON PAGE 10



Page 10 People



Gary Rock from the Pearl restaurant carves a pickled cornbeef steamship round. Photos: Tom McCarthy Jr.

CONTINUED FROM PAGE 9

own home while you, the hostess, indulge in the pre-party with cocktails, massages, and facials on a 60-foot Hatteras in the river.

Local artist Barbara Sharp donated one of her paintings entitled, "There

You Are," to the event and arrived with a good friend from New York, who bid on and won a nine-foot tall Christmas tree laden with Mickey Mouse glass ornaments donated by Disney's Vero Beach Resort.

Sharp was deemed steward of the tree and she's already thinking about



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The Moorings' Rodney Smith and executive chef Michael Lander work together to plate their dish.



Costa d'Este's Monica Smiley, chef David Rodriguez, and Owilda Rivera



Chef Bradley Willits of Cobalt at Vero Beach Hotel and Spa prepare a two dish plate of Amus Citrus Marinated King Crab and Beef Tartar.

People

a way to keep the Disney magic going.

"Maybe I'll enjoy it for a little bit," mused Sharp, whose tree won first place at last year's Riverside Theatre Festival of Trees.

"It should be shared and enjoyed by children – I'm thinking the Hibiscus Children's Village." Now, that's what I call non-profit re-gifting at its finest.

Chatty and animated groups of young women dressed in what seems to have become the Vero uniform of that set — long halter dresses and strappy sandals — gathered around large coffee tables sipping vodka martinis.

Meanwhile, their counterparts: clusters of pensive, mature couples, sat quietly on sofas and club chairs studying the evening's program, apparently salivating over the descriptions of the culinary nirvanas about to be experienced in the main dining room.

Event Chair Nicki Kent, a long-time volunteer for the March of Dimes, announced that the dining room doors were about to open as the crowd's momentum swelled. Inside, two enormous and separate dining areas draped in white linen were artfully arranged, each fully staffed with eight magnificent restaurant chef stations.

Silver-domed chafing dishes were steaming and bubbling, while chefs in crisp white jackets carved rounds of corned beef the size of the club chairs the guests were just sitting on.

The heady fragrance of braised short-ribs of beef and harissa-rubbed lamb was intoxicating. If you were a true foodie, your knees were knocking.

This was not your typical food sampling event; this was an elegant haute-cuisine grazing experience. Complex and visually exquisite dishes were prepped, cooked, plated, garnished and served while you watched the live action first-hand and savored the results.

Kevin Dowling, chef at The Disney Resort, was in the middle of plating lobster mashed potatoes over a sherry lobster beurre blanc while simultaneously sautéing fresh spinach and pan-searing jumbo scallops. Each tower was then garnished with chives and a dollop of caviar and handed to the guest on an oversized white plate. Unbelievable.

Chef Felix Fajardo of Felix's Place served a whole roast pig (complete with apple between the choppers) and an authentic paella served from an antique copper paella pan that was almost four feet in diameter. You couldn't leave without trying mini veal Osso Bucco by Chef Chet Perrotti of the Amalfi Grille, the lump blue crab beggar's purses steamed in savoy cabbage leaves by Chef Mitch Dembrowski of Regency Park or panseared potato-crusted grouper by Chef Leanne Kelleher, owner of many islanders' favorite place for fish, The Tides.

There was also an unforgettable chilled gazpacho soup topped with avocado ice cream by Chef Jeff McKinney, executive chef of Orchid Island Club, cooking this night on behalf of Bodega Blue, the cheeses, beer and sandwich shop he owns with wife Lynne Persinger.

Tunes by Bobby & the Blisters seemed to make moving through the dessert stations even easier and sweeter.

If you were a cupcake lover (as most of Vero seems to be these days) you were in luck.

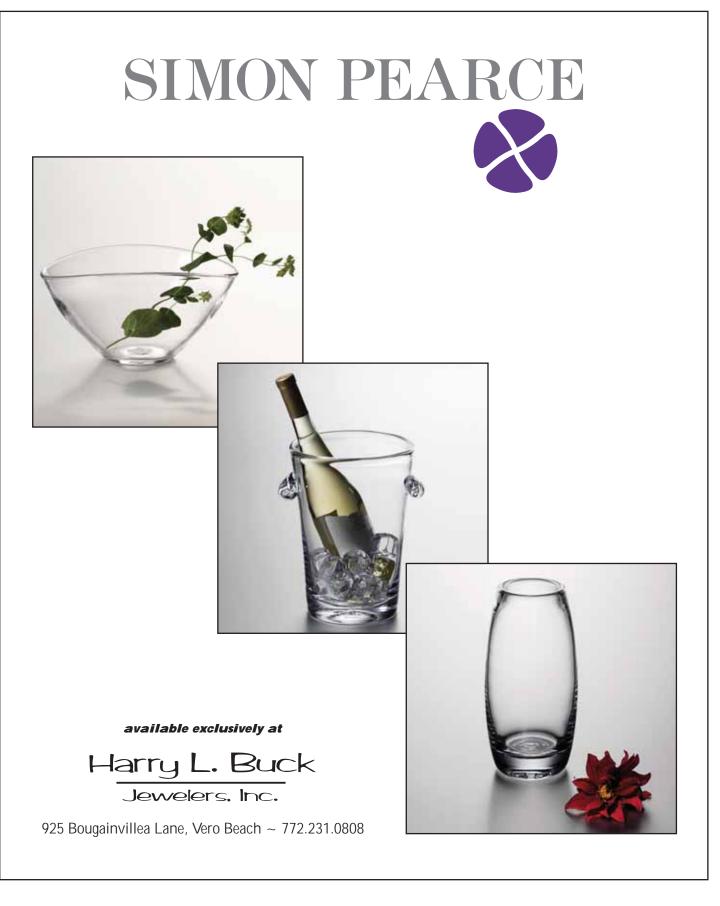
Ashlee and Ryan Wykoff of Frosting served their happy little cupcakes, tiered like wedding cakes and topped with every imaginable combination of drizzling and frostings. Vero's beloved Faith, Hope & Chocolate shop owner, Gina Battle, served her decadent chocolate truffles with killer fillings.

The effort invested by everyone involved was superlative.

But the true stars were the chefs.

"The restaurant chefs went over and above any expectations to showcase what they're capable of doing," said Lee Moore, who has had years of local fund-raising event experience.

"I was so impressed they were all here for such a great cause, The March of Dimes" Moore added.



Incoming Tide Patti Rooney: 'It gives me joy to work with seniors'

BY MICHELLE GENZ **STAFF WRITER**

Page 12

With a broad smile, and a sweep of the hand, Patti Rooney is waltzing on air these days, giving a tour of On the River, Indian River County's first lowincome independent elder group living facility.

Rooney, On the River's CFO, helped get the facility off the ground, assisting with not only financial issues, but paperwork and grant writing.

The feeling of satisfaction in both giving and receiving, in doing good works for a living, is very familiar to Rooney. The On the River project is another in a life of serendipitous meaningful adventures.

In Incoming Tide, Vero Beach 32963 looks at newer residents moving into our community. Here is Patti Rooney's story.

As On the River admits its first three residents this week, Patti Rooney beams with pride and anticipation; the center, developed by local talent, is being launched as a prototype of lowincome independent group facilities in Florida.

The four newly-built long, low buildings are set amidst densely wooded acreage bordering the St. Sebastian

River. With rooms still largely unfilled, the serenity here is palpable, with good reason: the structure is adjacent to – and the inspiration of — the Kashi Ashram spiritual community.

she appeared in countless music videos, to backing up Donna Summer and Rod Stewart on tour, she danced professionally, and acted as well, for more than a decade, after majoring in

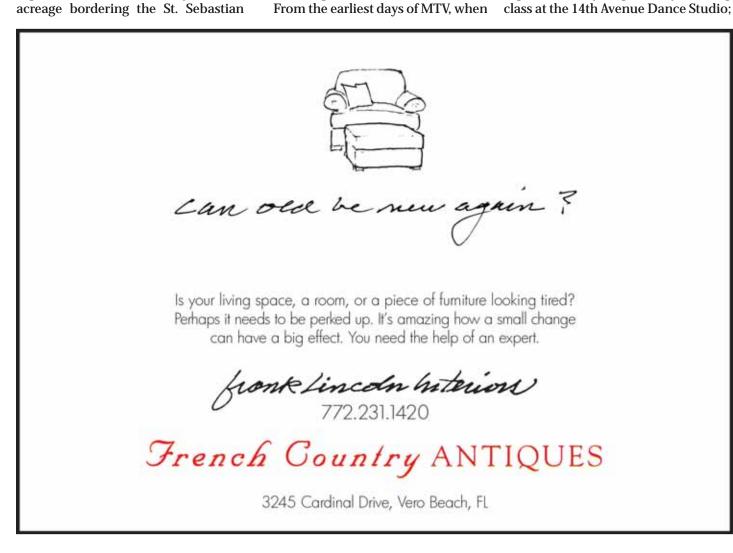


Patti Rooney, chief financial officer at On the River, gives a tour of the new facility to a group of Red Hat Society ladies. Photos: Tom McCarthy Jr.

And there's a reason for the gracewith which Rooney waves an arm an moves through the airy space of the serene and still-vacant shared living quarters. It comes not only of the spiritual joy of accomplishment — Rooney is a lifelong dancer.

From the earliest days of MTV, when

dance in college. Even in her new home near South Beach on Vero's barrier island, where she moved three years ago, she continues to find fulfillment in movement. Her current passion is the core-building Wednesday night belly-dancing



Fridays, she dances the tango at La Fonda restaurant; and she competed in the local Dancing with the Stars benefit for Healthy Start.

Born in Hollywood, the oldest of the five children of a carpenter and a bookkeeper, Rooney took the usual little-girl dance lessons starting in fourth grade. By the time she was in seventh grade, the family had moved to Tuscon, Ariz., and there she danced for her first audience: a Catholic mass. Dressed in flowing clothes, she and her girlfriends would do what she calls "liturgical dance" that she herself choregraphed: interpretive movement to the music of the guitarist that played at so-called "folk masses" common to the era.

In high school, she had more formal training in ballet as well as gymnastics, and continued to choreograph every show she could stage.

She also began teaching. She got a job as a dance therapist working with the mentally disabled, helping them express themselves through movement.

When it came time to apply for colleges, she auditioned for schools with dance majors and won a full four-year scholarship at the University of Arizona. But when her family moved back to Los Angeles, she felt compelled to move home.

There, she began taking classes in acting and dance at Pierce College, a small state school. She earned her AA degree, and began auditioning for dance shows. "I wasn't in a company I was what's called a 'gypsy dancer'. You did a show, and when that ended, you auditioned for the next."

The tours, which could last from six months to a year, took her all over the world - she spent four months in the Philippines, and a year in Mexico.

Among the acts she performed with: Rod Stewart, Donna Summer, and John Travolta (she whispers that he once gave her a backrub), with whom she made three Japanese commercials.

When the Rockettes started their annual Christmas show, and brought it to L.A., she won one of four spots "filling in the lines."

Her parents were always supportive, she says. "They loved it. Oh my God, it's my expression. It's who I am."

Along with dancing, she auditioned for acting parts as well. She had a role in the TV drama St. Elsewhere, and acted in 40 commercials, including lathering up for a shower scene for Coast soap, and chewing gum for a Doublemint spot.

As exciting as it was, the wear and

tear of a decade in the business slowly took its toll.

"I always carried three or four changes of clothing in my trunk for the next gig," she says. "Auditions got to be a grind. I knew I was done when I was about 32. I got burned out. But I knew I could do anything. Auditioning gives you a lot of self confidence that I could at least survive."

In fact, her next venture went beyond survival. She followed in her mother's footsteps and opened a bookkeeping business, marketing it through word of mouth. Though she had no formal training, she taught herself computer skills that made her much in demand, and built a business substantial enough that within a year,

she was able to actually sell it.

By that time, she had become involved in a meditation-based spiritual community in LA. There she befriended Paula Hardin. Hardin, who coincidentally now owns a home in Vero, decided to move to Chicago, and suggested Hardin follow her to start a group there.

"I had done a show with Jay Leno in Chicago and I just loved Chicago," Rooney says. So she packed up and moved, started Rooney Bookkeeping again, eventually hiring staff. She began teaching workshops on the side in the meditation method, that as Rooney describes it, involves "getting in touch with inner guidance through meditation."

When Hardin's husband, a highly successful and philanthropic marketing pioneer, sold his business, he set up a foundation to give away \$10 million. At his death, the family and his best friends became his board of directors, and Rooney became administrator of David K. Hardin Generativity Trust. "I knew how to do all of it. I got our 501-c2, set the guidelines, and started marketing it."

Hardin's goal was to distribute all the money within 10 years. "So we gave away \$10 million and had a ball doing it."

Her involvement meant travelling internationally to view the projects the foundation was to fund. "We had to believe in the work," she says. "We were giving to the people first, and the organizations, second. So we had to know the people and be involved in the projects."

Her research took her to remote

places where she participated in the work itself. She went to Guatemala to see the grossly impoverished community living and working in the world's largest landfill there. She built bridges and schools and worked with a women's group in Haiti.

"All of us on the board and in the family felt we were getting the benefit,

the reverse benefit, of giving money away. We gained so much from the process."

In 1999 she went to Capetown, South Africa, to give \$1 million to the Parliament of the World's Religions, a reenactment of a conference staged at the 1893 Worth Expo in Chicago, that brought representatives of the world's religions to promote understanding and seek peace. Among the par-

ticipants: Ma Joya, leader of the Kashi Ranch in Sebastian. "Ma was there on stage with all those dignitaries," recalls Rooney, who knew of Ma though they had never met, and she had never visited the spiritual community here.

Meanwhile, she and her second husband, created a non-profit themselves in the late '90s. Called Sustain, it was an environmental communications group helping non profits in environmental and food safety issues.

She also finished her college degree in dance, at Northeastern Illinois University.

And all the while, she kept Rooney Bookkeeping.

When she and her husband divorced, Rooney decided to leave Chicago. "I was ready for a change," she says. "I was interviewing for some big jobs in Santa Fe to run non profits, but they kept falling apart for one reason or another."

That Christmas, she came to Vero Beach to visit her friend Paula Hardin, at her home in the Regency. Immediately, she fell in love with the natural beauty of Vero. Hardin introduced her to owners of a ranch on the mainland, where she briefly rented a room before moving to the island.

"And I fell in love with the river. The first thing I did was buy a kayak."

The second thing she did was start up Rooney Bookkeeping.

One night, having dinner alone at Waldo's, she ran into two people from the Kashi Ranch, discussing a concept for a group home for the elderly. "My dad had just died," Rooney says. "My heart was still grieving."

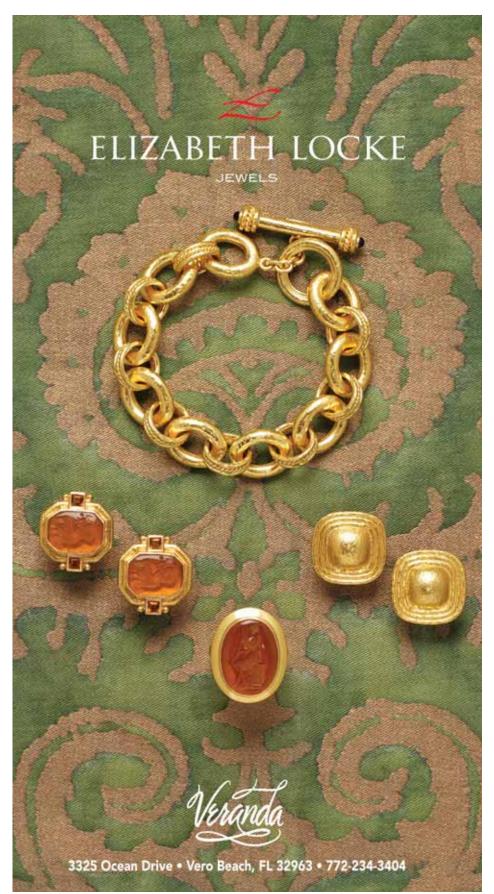
Her father had been living at a home

Incoming Tide

similar to the one they envisioned. It had been their third try at a good fit for him, and this time, because the residents lived together in communal spaces, he had had the experience of caring for others. "I saw people not being alone anymore," she says. "My dad started taking care of other people, instead of people always taking care of him. That made him happy. It's all about service. That's why I knew this is the way to go."

Rooney signed on to help give final momentum to a ball that was already rolling. The team raised \$6 million in donations and grants to build a fourbuilding complex for 41 low-income seniors. It is the first low-income residential facility in the county, and is a demonstration project for the Florida Department of Elder Affairs. The state has contributed \$3 million to the project; Indian River County contributed \$1.2 million in funds received in the aftermath of the hurricanes.

"I'm hoping to help them dance and move and be active," she says. "It gives me joy to work with seniors because they're lives are so rich and I feel I can learn so much from them."

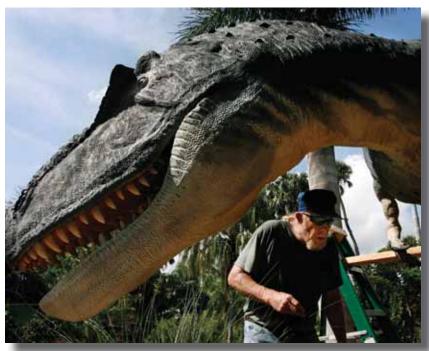




Arts/Theatre



A Sordes waits with other life-size dinosaur models before being installed in the McKee Botanical Garden's Return of the Dinosaur Invasion exhibit. Photos: Tom McCarthy Jr.



Guy Darrough, creator of life-size dinosaur models, ducks under the head of a Daspletosaurus during its installation.

"Return of the Dinosaur Invasion" opens at McKee Botanical Garden

BY ALINA LAMBIET STAFF WRITER

They're supposed to be extinct, but not in Vero Beach.

The giants of prehistoric ages – the dinosaurs – have come to life at McKee Botanical Garden in an exhibit that features life-sized replicas of the creatures. Called "The Return of the Dinosaur Invasion," the exhibit opened on Halloween (with McKee staff handing out candy as they imparted details of the lives of the dinosaurs) and it runs

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through March 31.

The species featured in the exhibit include the Tyrannousaurus rex, Velociraptor, a Brontosaurus and others. Nestled among the lush gardens, the creatures peek out at visitors from behind trees, across lily ponds, on high palm fronds and off the edges of waterfalls.

They look exactly like they belong there, grazing in the garden's lush foliage.

"The response from the public has been wonderful," said Cara Chancellor, director of marketing at McKee. "More than 500 came for our Halloween event and we've been fairly busy since,"

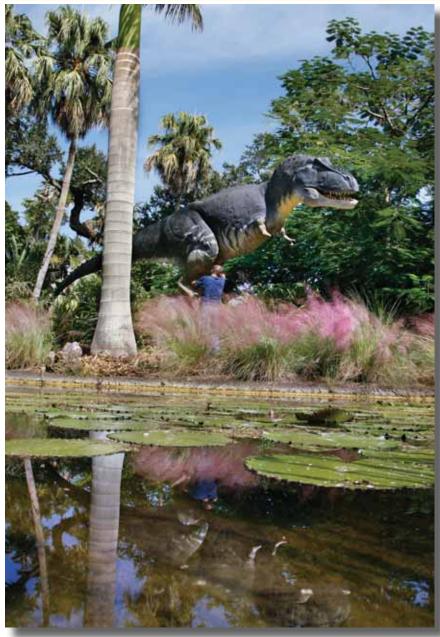
It took Lost World Studios, the company that puzzled together the pieces of each dinosaur, about three days to set up the exhibit, Chancellor said. Still missing is one flying creature in the dining area, and what Chancellor calls a bonus dino, the citipati, a birdlike creature that nests its eggs and has feathers on its forearms.

That needs to be set up near a waterfall, she said.

The "Invasion" also includes prehistoric plants that coexisted with the dinosaurs, a dino dig site where children can unearth bones and an expansive nest containing some 75 dinosaur eggs that can be customized for \$1,000 to help fund the exhibit.

Each Home Instead Senior Care franchise office is independently owned and operated.

Arts/Theatre



A life-size model of a Daspletosaurus, a cousin of T. Rex, stands next to a lake.

McKee Botanical Garden's "Return of the Dinosaur Invasion"

350 U.S. 1, Vero Beach, Fla.,

Admission is \$9 for adults, \$8 for seniors, \$5 for children ages 3 to 12. Open Tuesday through Saturday, 10 a.m. to 5 p.m., and Sunday, noon to 5 p.m. Call (772) 794-0601 for more information.





Edna Carsner takes a day off from tending to the water lilies at McKee Botanical Garden to touch up some dinosaurs that were damaged in the move.





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Arts/Theatre Shannon Huneryager: 'I'm the first building block'

BY L.L. ANGEL COLUMNIST

Whether she is performing or teaching, Shannon Huneryager gives it everything she's got and she does both remarkably well. That's because the talented Huneryager, one of three new teachers at Riverside Children's Theatre, skillfully juggles two lives, giving

each its turn.

"It works in cycles," says Huneryager. "I'll do a cycle of teaching drama for a school year, then I'll turn my attention to performing. I don't do the two things at the same time."

Currently teaching Riverside's drama classes for first through fifth graders plus the new preschool program, Huneryager is also directing the theater's new Schoolsical series in the



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Photo: Tom McCarthy Jr.

schools. This semester, Schoolsical is at Pelican Island Elementary in Sebastian and Osceola Elementary in Vero Beach.

Huneryager's credentials and wealth of experience make her tailor-made

for Riverside Children's Theatre. Prior to coming to Vero Beach, she completed a six-month national teaching tour at the Kennedy Center in Washington D.C. She says it was an experience she'll never forget.



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Arts/Theatre

Every year, the Kennedy Center sends out teaching artists, among the country's crème de la crème, across the country to work with teachers and students in a variety of workshops and courses.

For Huneryager, it meant traveling with another teaching artist to nine different schools for two-week residencies. The project, On Location, was a collaborative effort: two teaching artists, the school and the community coming together to make a short documentary about a particular local artist.

Each location was distinct. "One in particular stays with me," she says. "Foley, Alabama. The people were very close, like a big family."

They made a short documentary about Ricky Trione, a painter who was blind. Says Huneryager, "The kids all knew him because he is a resident artist who works with them in school."

The project called for complete immersion and that made it a perfect fit for Huneryager. "When I'm knee deep in it, I focus my entire energy on a project and I feel satisfied when I know I've given my all," she says. "Experiencing the kids' enthusiasm, seeing what they're learning, that's what I love best about teaching."

At the fundamental core of her teaching and performing is the music. "My mother sang in the church choir when I was a baby and I sat in the choir loft with her every Sunday," says Huneryager.

Her love of drama and musical theatre started in high school. "I like the high energy of those classic musicals like Rodgers & Hammerstein's *South Pacific.* It's got meat on its bones."

Roles she'd play again in a heartbeat are Eliza in "My Fair Lady," and the part of Drood in *The Mystery of Edwin Drood*, based on an unfinished Charles Dickens' novel.

"I was the understudy for Drood when I was with the Pacific Conservatory of Performing Arts in California," says Huneryager. "Luckily, I got to go on. It's a 'pants and belt role' " — meaning, a role that is normally a male part, that involves belting out the songs, she explains.

Along with an appreciation for pants and belts, there are the many hats she's now wearing at Riverside Children's Theatre.

First, there's the new Pre-School Drama and Music Enrichment Program, which offers a themed event once a month for three- and fouryear-olds. The program gives children an ideal way to explore, learn and grow through theater and music. Parents are invited too.

Yes, it's organized chaos, Hunery-

ager says, but it's wonderful chaos, she says. And she wanted the parents to be part of it.

"Time is our enemy nowadays. If I can provide an experience for them — say it's their child having a moustache painted and playing a pirate, that's great."

The Pre-School Drama and Music Enrichment Program teaches a different workshop with a specific theme every month. On Nov. 5 and Nov. 7, it will be "Happy Birthday Sesame Street" in celebration of Sesame Street's 40th season. "We'll be reading books that Big Bird has written, making party hats, and singing songs," says Huneryager. "Everything will have a Sesame Street and Big Bird focus."

The "Happy Birthday Sesame Street" workshop starts at 10 a.m. both days and costs \$10 per child. A card for 10 visits costs \$85.

Then there is Schoolsical, a community outreach program, which literally takes the theater to the kids, free of charge. Currently Huneryager is working with Pelican Island Elementary on Tuesdays and Osceola Elementary on Thursdays. The workshops are from 3:30 p.m. to 5:30 p.m. both days.

"Both groups are learning the story and music from The Jungle Book," she says. "Right now, the Pelican Island kids are rehearsing their elephant walks, and the Osceola kids are practicing their blocking and choreography."

The workshops are for students in first through fifth grades and it is a fairly rigorous experience.

CONTINUED ON PAGE 21



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Arts/Theatre John-Edward Kelly: World renowned saxophonist

BY MICHELL GENZ STAFF WRITER

Classical saxophonist John-Edward Kelly's telecommute is a long one – Vero Beach to Berlin, and he makes it at least five times a day.



That's where his orchestra's manager is located, and Europe is where he typically plays. There he is widely known and appreciated. But here, despite a rich cultural awareness and generous support for classical music, Kelly, who moved to Vero Beach two years ago with his wife, physician Kristin Kelly, and two small children, mostly flies under the radar.



John-Edward Kelly conducts the Arcos Chamber Orchestra.

In fact, it is flying that brought him to Vero in the first place. His stirring solo saxophone isn't the only thing that soars: Kelly is an avid pilot, and came to FlightSafety International to earn an flight instructor's license in 1984, staying on campus and taking classes.

"I grew up with a passion for flying," the 51-year-old Kelly says. "My father was an officer in the Air Force, and I started flight training as a boy. It never let me go."

From that point on, Vero Beach came to have a special meaning for him. When he met his wife, he brought her here for vacations.

When his father became terminally ill, and salt air seemed to work miracles, Kelly brought him to Vero for a week's stay. "We would go the beach, and down the boardwalk, and eat at the Ocean Grill. Vero Beach meant a

Photo: Tom McCarthy Jr.

lot to us." So it was that Vero first came to mind for him after 9/11, when he, like so many others began to feel a sense of nationalism well up. He was living in Germany then but began thinking seriously of returning to the States.

"It affected me very, very deeply," says Kelly, born in San Francisco, whose lineage dates back to the American Revolution.

"I saw, in a very fundamental way, my country under attack. And though I certainly have had many disagreements over the years with this country, there is something fundamental about the American spirit that is not completely gone. It's a can-do spirit and a certain sense of independence, and not wanting to be provided for, but to try your hand at providing for yourself."

Kelly was born to parents who represented both ends of the American capitalist spectrum. His father's wealthy Irish family was in manufacturing in Connecticut, and his mother, also part-Irish as well as French, from Brittany, grew up in poverty during the Depression in Alabama, albeit in an educated family.

"I have seen a photo of her as a child wearing shoes of newspaper tied with corn husks," he said.

It was she who adored opera, and took John-Edward and his sister to performances as children.

Later his sister developed the usual interest in pop music. But she essentially used it as a tool to torture her brother. "I have spent my entire life absolutely hating popular music,"



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Kelly says with vehemence.

As a boy, Kelly initially played clarinet. At 16, he was offered an appointment in the Air Force and turned it down, he says, choosing instead to study at the Cincinnati College-Conservatory of Music. "It was interesting," he says. "But I was fascinated by what I didn't learn."

As a result, he dropped out at age 18, and in 1978, went to live alone in a log cabin in the woods in upstate New York, with no running water, and no electricity. There he studied privately with the great classical saxophonist Sigrid Rascher, considered among the best in the world; Rascher "hijacked" Kelly to give up clarinet for saxophone.

Then came Rascher's invitation to replace him in a part-time quartet based in Germany. He left for Europe, alone and "starving," he says, and took a job teaching at a music school. He was in an area where no one spoke English, and he knew no German. "It was total immersion, and within six months I could hold a public lecture in German."

Over the next 10 years, with Kelly's "working my fanny off," the group eventually became full-time and very successful, he says.

He went on to perform throughout Europe, North and South America and in Israel, as well as in hundreds of radio and television appearances around the world.

At a concert at an arts academy on an island in northern Germany, a young woman in the audience was so moved by his performance that she came back stage to meet him.

"It was a moment of destiny that was very clear to me at the time," he says, recalling the first impression of Kristin Kelly, now his wife. "I think it was clear to her as well. I had to find a way to see her again."

He did. "We got married at my father's deathbed in St. Louis," he says.

That was in 2003. His focus had turned increasingly to conducting, and to the music that had intrigued him as a child, he says.

"One of my childhood dreams was of doing my own orchestra and doing it better and making no compromises and playing the music that I believe really needs to be heard."

That became possible in 2005, after he offered the position of concertmaster to an extraordinary violinist whom he had known since she was 3 days old – Elissa Cassini, daughter of his close friends. Raised in France, Cassini had trained at conservatories in Angers and in Paris, as well as at Indiana University, the New England Conservatory in Boston, and Juilliard. Cassini met Kelly's standard for what he vowed would become "the best chamber orchestra in the world."

Since its inception, the Arcos Chamber Orchestra has played five major European tours, "with major orchestras, really big concerts," Kelly says.

Kelly's orchestra consists of mostly New York-based, Juilliard-trained musicians. To the 22 string players he adds other instruments as needed, and he can access a woodwind section he calls "extraordinary."

As a saxophonist (he puts the accent on the second syllable in the British style: sax-OFF-onist), Kelly has premiered more than 200 works for saxophone, including 29 concertos for saxophone and orchestra. His instrument is 80 years old; the original saxophone design, with its narrower passage for air and a different mouthpiece, is no longer made, he says.

"The measure of a musician is: How can you take two tones, and make them speak to each other in a way that is absolutely essential and convincing, and that in that moment, that is the only way they can speak to each other?" So far, Vero Beach has yet to have the chance to hear Kelly's notes speak to each other.

Though he is developing a relationship with the Vero Beach Opera, his world-renowned talent on a relatively rare instrument is so far unacknowledged locally.

"It's been a really strange transition to go from a place where I was very well known, and teaching and lecturing and performing, to a place where I'm virtually unknown," he says.

"The great thing is that I have time for my family."

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My Vero

Comedy Zone returns to Riverside's Waxlax

BY L.L. ANGEL COLUMNIST

Once again, comedians crack up the crowd next weekend when Comedy Zone returns to Riverside's Waxlax stage Friday and Saturday, Nov. 13-14. Beer, wine, and mixed drinks are available.

First up in the two-act evening is Danny Johnson, a guy who used to do old SNL sketches with his school buddies at, of all venues, a Catholic church on Long Island. He's been compared to comics from Jackie Gleason to Don Knotts to Jerry Seinfeld. Although he's been acting in commercials lately as well as touring with his stand up, in the past he's performed with big names like Chris Rock and Greg Giraldo.

Next there's Danny Niblock who says his marriage inspires his comedy. He likes to say that walks on the beach with someone he loves helps him build a stronger marriage as long as his wife doesn't find out. Enough said.

The Comedy Zone has shows at 7:30



Danny Johnson

pm and 9:30 pm. Call 772-231-6990 or 800-445-6745 or visit www.river-sidetheatre.com.

Everybody gets to join in in Riverside Children's Theatre's presentation of *The Nightingale*. Adapted from Hans Christian Andersen's humorous tale, the participatory play is be-

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ing presented by the theatre's touring company, which will ask children in the audience to consider the Great Emperor of China, his preference for a mechanical bird to a real nightingale, and join in trying to cure the emperor of his selfish ways. The Nightingale is being staged at the Agnes Wahlstrom Youth Playhouse on Sat. and Sun., Nov. 7-8 at 1:30 p.m. Tickets are \$6. Call 772-231-6990 or 800-445-6745 or visit www.riversidetheatre.com.



Danny Niblock

A holiday classic comes to the stage at Riverside Theatre from its ubiquitous Christmastime screen presence. But this time, It's a Wonderful Life comes in a novel form: a radio drama, an adaptation of Frank Capra's Christmas favorite by playwright Joe Landry. Performed as a 1940s live radio broadcast in front of a studio audience, five actors perform dozens of different characters. Riverside Theatre is offering a special package: a child's admission comes free with every adult ticket purchased. The drama takes place Nov. 19 - Dec. 6. Tickets range from \$22 -\$52. Call 772-231-6990 or 800-445-6745 or go online at www.riversidetheatre.com.

Vero's newest arts organization, World Art, is hosting a Cultural Exchange Tour to Miami, Dec. 5-7, to visit the Art Basel Miami Beach, where more than 250 international galleries from North America, Latin America, Europe, Asia, and Africa will be exhibiting for collectors and investors.

Weekend highlights include a walking tour of the Art Deco District in South Beach on Saturday and a visit to the Convention Center for Art Basel on Sunday. That night they will attend a private photography exhibition, Opera of Barcelona, by Vero's own contemporary Cuban artist, Carlos Perez Vidal, at the Viceroy Club 50.

The price of \$650 per person includes roundtrip transportation and hotel accommodations at the Viceroy Hotel and Resort. Contact Victoria Palacios, at 772-913-1122, Worldart vp@yahoo. com or Silvia Medina, at 786-227-3481, Worldart_sm@yahoo.com

The Vero Beach Art Club hosts its annual Art Trail — a tour of 10 artists' studios, Sat., Dec. 5 from 10 a.m. to 4 p.m.

Every December, Vero Beach artists welcome guests into their homes and studios for an intimate look at where and how they create. Each studio offers its work for sale and exhibition. All proceeds go to the Student Scholarship Fund, which supports five scholarships per year. Tickets are on sale Nov. 2 through Dec. 4 at the Vero Beach Art Club office in the Vero Beach Museum of Art For more information call Christina Tascon at 772-231-0303 or visit <u>www.VeroBeachArtClub.org</u>. Advance Tickets are \$20 each and \$35 for two or \$25 each and \$45 for two on the day of the event.

For the first time in its 30-year existence, Temple Beth Shalom adds a cantor's moving voice on a regular basis beginning with this week's Friday services.

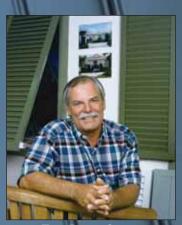
Jennifer Werby, who trained at the renowned Indiana University School of Music, as well as attending Hebrew Union College, currently lives in Delray Beach. She joins the staff with duties that will include teaching history and biblical studies in the Temple's youth education program.



Jennifer Werby

Temple Beth Shalom welcomes Cantor Werby at a Meet and Greet during its religious school's morning programs on Sun., Nov. 1. Cantor Werby will conduct her cantorial responsibilities during the Sabbath service,

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My Vero

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Fri., Nov. 6 at 7:30 p.m. The public is welcome to attend services.

Undertow offers an exciting array of live music throughout November and it's Happy Hour from 5 to 7 p.m. Tues. through Fri. Here's the lineup of talented performers:

Thurs., Nov. 5, 12, 19, and 26, 7 – 11 p.m.: David Potter plays banjo and acoustic guitar. Potter is a master of classic blue grass and melodic Bob Denver style songs.

An added touch—Undertow serves Blue Crabs every Thursday. Sat., Nov. 7 and 28, Atocha, a Spanish-style group, engages in dueling guitars. Sat., Nov. 14, it's Matrix, three guys who play bluesy jazz. Sat Nov 21, One Street Over, an eclectic acoustic band of three, boasts a female lead who plays bass, mandolin, and 6-string acoustic guitar. Thurs., Nov 11 and 18, 7 - 10 p.m., Mike Marshall plays classic rock, including Bob Dylan and Jim Croce favorites on a loop machine. Weds., Nov. 25, 6 - 9 p.m., The Jay Miller Band swings with classic Big Band jazz standards. Fri., Nov. 6 and 20, 8:30 - 12:30 p.m. the very popular Fish and Chips play classic rock especially music from the British Invasion.

Fri., Nov. 27, 9 p.m. to 12:30 a.m., Vero's own Ol' Barber Bridge plays American, Southern rock and lots of originals with Frank Nesbit on washtub base. Call Undertow at 772-770-0977 for more info.

And, if all the above isn't enough, it's now possible to take Belly Dancing lessons at Riverside Theater. Judy Cornell (stage name, Aisha) is teaching a belly dancing class Saturdays from 12:30 to 2:00. The class runs through November 21 and each session costs \$25.00.

Belly dancing is fabulous for strengthening abdominal muscles and core strength as well as for increasing stamina. Aisha has performed abroad in Canada, Hungary, and Egypt, and stateside in Florida and California. Call 772-234-8052 for information. For the classicist, there's nothing better than ballet.

Adam Schnell teaches ballet for adults Mondays and Wednesdays from 9:30 to 11:00 and Tuesdays and Thursdays from noon to 1:30. Admission is \$15 per class or a class card is available for \$130 that provides admission to 10 classes. Admission is ongoing. Call 772-234-8052

And here's exciting fillip for Vero thespians. Riverside is now offering Actor Master Classes to be taught by resident actors. This means New York actors who are here performing in specific productions will teach acting classes. The next Master Classes will be taught on December 1 in conjunction with It's a Wonderful Life: A Live Radio Play. For information about adult classes, call 772-234-8052.

Shannon Huneryager CONTINUED FROM PAGE 17

"We held two-hour auditions at both schools," Huneryager explains. "Next semester we will be at Rosewood and Glendale as well as with a group of home-schoolers."

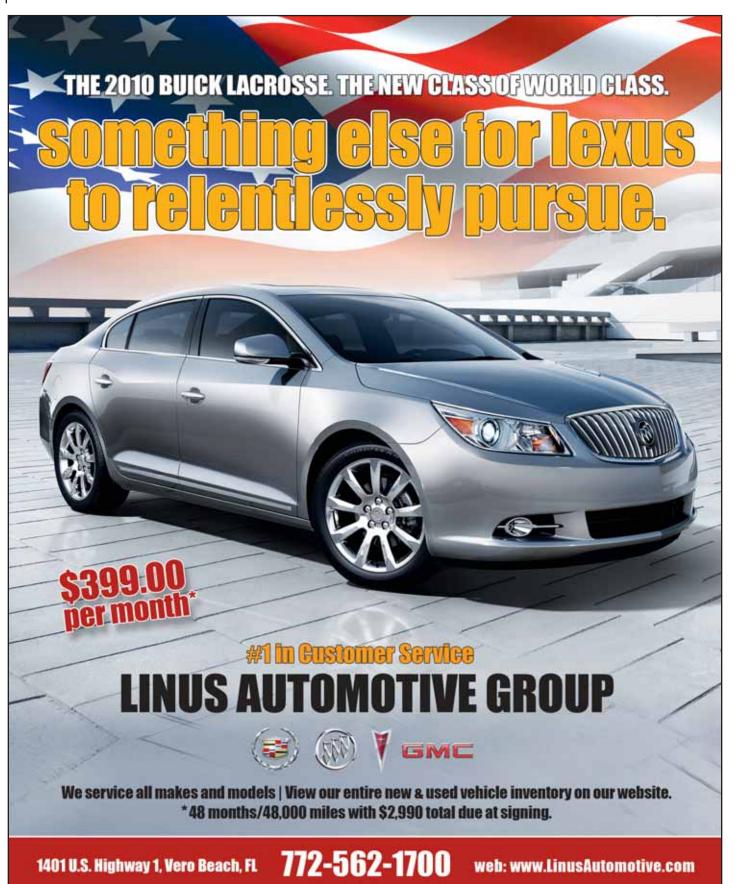
Huneryager believes that the afterschool workshops fill a critical need in children's lives.

"We meet them where they are, and give them the experience of expressing themselves in a new way," she says. "The role models out there aren't always positive for kids. The theater is a place where they can share their message and experience the creative/ artistic process."

She believes that Riverside Children's Theatre is setting a standard for children's theater and performing arts and how theater is actually taught in schools.

"I'm excited that Riverside is doing so much with school residency because it gives kids a way to experience acting, design, creative writing, things they might not get any other way." An important third leg of her teaching here are the Monday and Wednesday classes at the theater for elementary students. Right now she is working on The *Nutcracker* with Adam Schnell, the new ballet instructor.

Huneryager says that working at RCT has given her the opportunity to dig deeper into curriculum for younger ages. "The close focus allows me to create a really progressive curriculum that builds on skills, like Theatre 1, Theatre 2. I'm the first building block."



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H1N1 vaccine proving tough sell to pregnant women

BY ALINA LAMBIET STAFF WRITER

As more H1N1 vaccine becomes available in Indian River County, local health officials are trying to get it to the group with the single-highest mortality rate and the one most likely to decline it pregnant women.

In all, expectant mothers account for about 6 percent of the confirmed deaths in the United States from H1N1 although they only comprise about 1 percent of the population, according to the Centers for Disease Control and Prevention. They also appear to be far more susceptible to this strain of flu, health officials said.

The situation is so serious, that during the past week, medical groups including the American Medical Association (AMA), and the Centers for Disease Control and Prevention (CDC) have issued a joint letter imploring women to get vaccinated for both H1N1 and seasonal flu.

So why is the H1N1 vaccine such a tough sell for pregnant women?

"Fear," said Emilie Redmon, office manager of Indian River Medical Center Partners in Women's Health, one of the busiest practices in Indian River County, delivering some 800 babies each year.

"They're worried about how it's made – the mercury (thimerosal) in it," she said, "and that it's going to hurt the baby."

The CDC recommends that pregnant women get the H1N1 vaccine in shot form – not the mist that contains the live virus and is administered through the nostrils – and has repeatedly clarified that there is no evidence that an ingredient called thimerosal (a mercury containing preservative added to multidose vials to prevent contamination) causes harm.

"We give them the literature, and they say 'yeah, let me think about it," Redmon said. Her office has single-dose syringes that do not contain thimerosal, she said, but still, women aren't convinced.

The practice sees some 60 patients in a day, Redmon said. Altogether, they have received some 100 doses of vaccine.

"I thought we'd just fly through them" Redmond said. "We haven't."

Dr. Felix Bigay, a gynecologist and obstetrician at Partners for 11 years,



Berenice Mendoza, who is almost 9 months pregnant, receives an H1N1 vaccine administered by nurse Lyndsey Kimes at Partners in Women's Health. Photo: Tom McCarthy Jr.

said he's recommending the H1N1 vaccine to every pregnant woman he treats. The trio of doctors and their midwives at Partners deliver about 800 babies per year and so far they've administered about half of their doses.

"They're afraid of the side effects because the vaccine is new, even though we tell them that it's produced according to the same standard as the regular flu shot," Bigay said. "So they are getting the seasonal flu shot but not getting this one.

On this given day, Redmon was excited – they had administered 12 vaccinations by 4 p.m "That was really good," she said.

Historically with previous flu pandemics, pregnant women have suffered more severe complications – and they appear to be more vulnerable to H1N1, health officials said. It's why they are considered a top risk group and should be among the first to receive the H1N1 vaccine.

At Treasure Coast Obstetrics and Gynecoloy, Dr. James Presley said

he is still finding about a third of his pregnant patients balking at getting the vaccine.

"Mostly it's fear – fear about the safety and fear that the vaccine hasn't been tested," Presley said . "Despite my reassuring them that the vaccine is prepared in the same way as the seasonal flu shot, they're afraid."

Presley warns his patients about wrong or misleading information on the internet, where so many get their information, and gently reminds his patients that the effects of H1N1 can be more serious than the potential risk of the vaccine.

"A woman who is pregnant is not more susceptible, but if she gets (H1N1) it tends to be more serious," Presley said. "The effects on the mother and the child are very serious. If you're not breathing then that kid is not getting enough oxygen, either."

Having a respiratory illness such as the H1N1 virus during pregnancy can mean serious problems for the baby, possibly as serious as smoking cigarettes during pregnancy due to the lack of oxygen being transmitted through the mother's bloodstream.

"During pregnancy, the immune system is depressed and there are changes in breathing due to changes in the abdominal capacity to take air into the lungs," Bigay said. "It's harder for the pregnant woman to fight infections."

According to the CDC's data, of the roughly 700 pregnant women diagnosed with the disease, some 14 percent required admission to an intensive care unit – four times the hospitalization rate of non-pregnant women similar in age.

And then there's the issue of the drugs to treat the infection – Tamiflu can be administered but that doesn't mean it will work.

"It's just better all the way around if they can prevent contracting the virus," Presley said

To reach more people – with pregnant women at the top of the list – the Indian River County Health Department is hosting a clinic with



1500 doses on Saturday, Nov. 14 from 8 a.m. to 5 p.m. at the Indian River County Fairgrounds, 7955 58th Avenue, Vero Beach.

High risk groups targeted at this clinic are:

• pregnant women

• household contacts and caregivers of children less than 6 months

• those 6 months through 24 years

• those 25 through 64 with underlying medical conditions

• health care and emergency medical services personnel

Staff writer Lisa Zahner contributed to this report.

Pregnancy and H1N1

• Pregnant women represent 6 percent of confirmed 2009 H1N1 influenza deaths in the United States, while only about 1% of the general population is pregnant.

• As of August 21, 2009, 28 pregnant women have died from 2009 H1N1 influenza.

• Pregnant women are also more likely than the general population to become severely ill from seasonal influenza.

Why pregnant women should receive 2009 H1N1 monovalent and seasonal influenza vaccines:

• A study of seasonal influenza vaccine showed that vaccination during pregnancy reduced respiratory illness both in the mothers and infants and reduced lab-confirmed influenza in the infants. There is every reason to believe that the 2009 H1N1 vaccine will have the same benefits.

• Caregivers of newborns are potential sources of transmission of H1N1 influenza. Women who were not vaccinated during pregnancy should receive the vaccine postpartum to prevent the mother from getting influenza and then passing it to their infants. Anyone caring for infants under 6 months of age should be vaccinated because infants are too young to receive the vaccine.

Safety of 2009 H1N1 monovalent influenza vaccine:

• The safety of the 2009 H1N1 vaccine is expected to be similar to the seasonal influenza vaccine, which has been given to millions of pregnant women.

• 2009 H1N1 influenza vaccine can be given to pregnant women **in any trimester**

()

• Pregnant women should receive inactivated vaccine (flu shot) but should **NOT** the live virus vaccine (nasal spray or 'mist').

• Postpartum women, even if they are breastfeeding, can receive either form of the vaccine – shot or mist.

• Although there is no evidence that thimerosal (a mercury containing preservative) causes harm, in order to accommodate patient preferences, there

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is a single-dose preservative-free vaccine. CDC recommends that pregnant women receive influenza vaccine with or without thimerosal.

—Source The American Academy of Family Physicians (AAFP), the American College of Obstetricians and Gynecologists (ACOG), the American Medical Association (AMA), and the Centers for Disease Control and Prevention (CDC)

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Link between diabetes and heart disease scrutinized

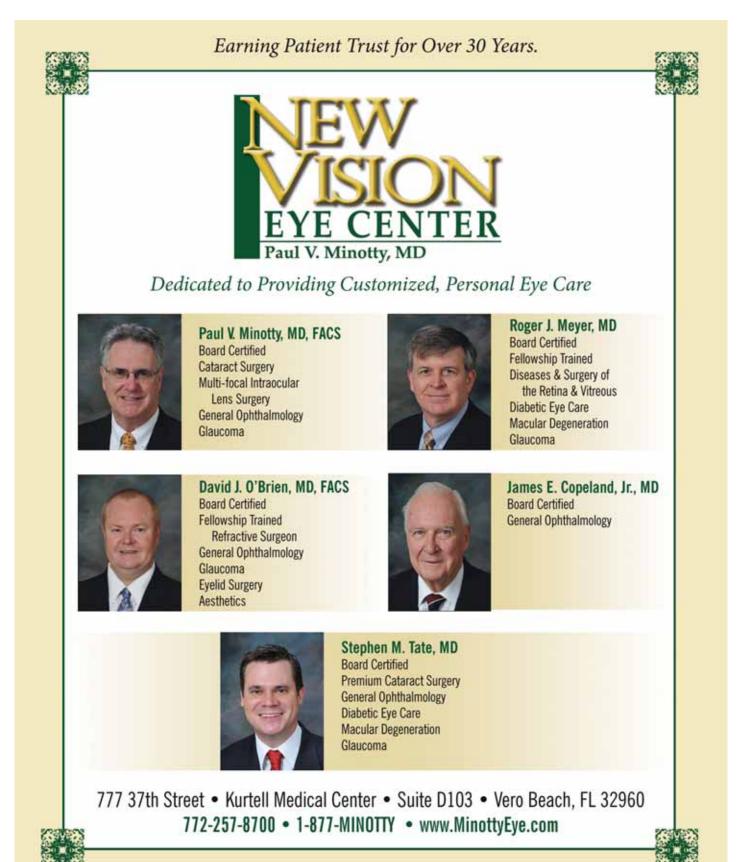
Figuring out precisely why diabetics are more prone to heart attacks and strokes has the potential to revolutionize treatment.

LOS ANGELES TIMES HEALTH STAFF

The link between diabetes and heart disease is well-known — diabetics are two to four times more likely to have cardiovascular disease than nondiabetics, and two-thirds will die of an early heart attack or stroke. But the link itself is poorly understood.

"A person with diabetes and no cardiovascular history has the same risk of having a heart attack as a person who has had a prior heart attack," said Dr. Ruchi Mathur, an endocrinologist at Cedars-Sinai Medical Center in Los Angeles.

Now researchers are attempting



to figure out both the precise connection and what it means for treatment.

"We need to understand why there is this risk because it has profound implications for therapy," said Dr. Jorge Plutzky, director of the vascular disease prevention program at Brigham and Women's Hospital in Boston. "You should conceivably treat every patient with diabetes as aggressively as a heart attack survivor."

That means going beyond the traditional focus on dramatically lowering blood sugar levels. Patients should also minimize a cluster of other risk factors that are common to both diabetes and cardiovascular disease: obesity, hypertension, unhealthy cholesterol profiles and, recent research indicates, inflammation. It also means that doctors should screen patients with heart disease for diabetes, and visa versa.

By learning more about the mechanisms through which diabetes damages the heart, scientists may be able to interrupt or forestall the injury, extending patients' life span and improving their quality of life along the way.

"People always think of diabetes as a sugar problem because it is diagnosed based on the amount of glucose in the blood," said Dr. Richard Nesto, chairman of the cardiology department at the Lahey Clinic in Burlington, Mass. "However, we now recognize that there are many other factors in this metabolic disorder that increase the incidence of heart disease."

Those other conditions may hold the key to the diabetes-heart connection, and many of them boil down to fat.

Factoring in fat

Fat is "packaged" differently in diabetes, researchers now realize, and can cause a low-grade inflammation in obese people that might contribute to both diabetes and heart disease.

Weight gain causes fatty acids to overflow into muscles and the liver, rather than stay in fat cells and cholesterol molecules where they are normally stowed, Plutzky says. In ways still not understood, scientists think that these fatty acids make muscle cells insulin-resistant, which makes them less able to absorb glucose, and that elevates blood sugar levels.

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The fatty acids also cue the liver to make too much "bad" LDL cholesterol and too little "good" HDL cholesterol, said Dr. Daniel Rader, director of preventive cardiology at the University of Pennsylvania. HDL molecules normally remove cholesterol from the fatty plaques in the arteries that can rupture and cause heart attacks or strokes. The low HDL levels in diabetes allow these risky plaques to grow.

Also, LDL particles in most people are normally large and buoyant, but in diabetics, they are small, dense and harder to clear from the body. They become more easily embedded in the fatty arterial plaque, so even "normal" LDL levels can irritate the heart in diabetes.

For several decades, researchers have known that inflammation contributes to the formation of these fatty plaques, which contain immune cells called macrophages. Doctors routinely monitor the inflammatory molecule C-reactive protein (CRP), which is produced by macrophages, to measure heart disease risks.

Now researchers realize that fat tissue itself can become inflamed, and this could explain how obesity induces both diabetes and heart disease. In 2003, studies in both mice and people discovered that fat tissue harbors macrophages that increase in number with obesity.

"These macrophages spew out inflammatory molecules [including CRP] that circulate in the body and cripple the ability of insulin to work in other cells, leading to diabetes," said Dr. Mitchell Lazar, director of the Institute for Diabetes, Obesity and Metabolism at the University of Pennsylvania, who was not involved in the 2003 studies but now studies this inflammatory process.

Intervention

Many researchers think these same inflammatory molecules could harm the arteries. They could also provide new diabetes diagnostic markers and new targets for diabetes drugs that also protect the heart.

"We don't know how much inflammation's role is in diabetes but we already have an intervention that can begin to ask that question," said Steven Shoelson, section head of cellular and molecular physiology at Boston's Joslin Diabetes Center.

The intervention to which he refers is salsalate, an inexpensive antiinflammatory drug similar to aspirin that, unlike aspirin, does not promote bleeding. Salsalate is approved for use in rheumatoid arthritis and, Shoelson discovered, was used 140 years ago for diabetes. Salsalate is not the only intervention being tested statins are being studied as well but it appears to be one of the more innovatively simple and promising ones.

The NIH is now recruiting patients for two trials to gauge the effect of sal-

salate on diabetes and cardiovascular disease, TINSAL-T2D and TINSAL-CVD (Targeting Inflammation with Salsalate in Type 2 Diabetes/Cardiovascular Disease). Shoelson said an upcoming report on the first stage of the Phase III diabetes trial, which he heads, will show that salsalate significantly reduced blood sugar levels, but it will take years to see if it also decreases heart disease.

"We really need to figure out this link between diabetes and heart disease because we have more young people getting Type 2 diabetes every year and they will have heart attacks earlier in life," Nesto said. "We need to know what we need to put in place for these young people to prevent this problem."



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Health

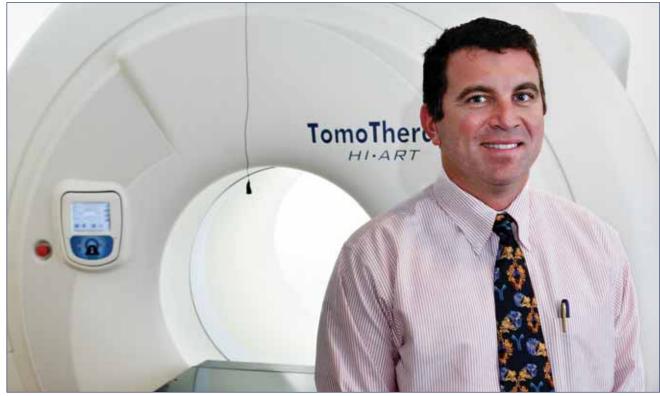
Doctors bring new cancer treatments to Vero Beach

BY LISA ZAHNER STAFF WRITER

A diagnosis of cancer can be the beginning of a long-haul of surgery, treatment and tests, often leaving both the patient and family members feeling helpless and exhausted - even with the best possible outcome. In February, a treatment center opened in Vero Beach that matches patients with caring professionals, state-ofthe-art technology and a proactive plan for tackling their cancer.

Dr. Ramesh Kumar and Dr. William Crook founded Coastal Radiation Oncology and the Coasta Cyberknife & Radiation Oncology cancer center after very personal scares in their own families. Kumar's wife, Pushpa, had breast cancer 12 years ago and Crook's mother had also battled cancer.

"Our belief is to have the best of the best care available for anyone to come for cancer treatments," Kumar said. "Medicine does not stand still, we progress every day and we feel that we bring something special



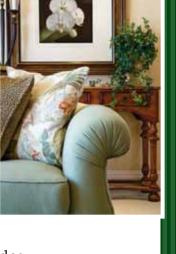
Dr. Will Crook, co-founder of Coastal Radiation and Oncology, offers innovative treatment of breast cancer through the use of technology like this TomoTherapy Hi-art treatment system. Photo: Tom McCarthy Jr.

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Background

Screened & Insured rate, increase the cancer containment rate and decrease side effects."

When a potentially fatal disease hits home, patients and loved ones are willing to do most anything and travel to great lengths for results. Many cancer patients from the barrier island and throughout Indian River County have traveled to Miami, Orlando, Tampa and even to Houston to be treated by doctors trained on the latest equipment and techniques. The travel, expense and time off from work, combined with the stress already present due to the cancer, can disrupt families for months or years, making the patient feel they've placed a huge emotional and financial burden on loved ones.

Kumar and Crook met by chance, shared their stories and hatched a plan to build a \$10 million-dollar cancer treatment center in Ft. Pierce to give residents on the Treasure Coast the chance to get university-caliber radiation treatment closer to home. After the Coastal Cyberknife & Radiation Oncology center opened in 2007 and Dr. Julie Santelli joined the practice a month later, patients started flocking there from Vero Beach. The trio of doctors saw another underserved market for their services and founded a center on 37th Place.

A 1990 graduate of St. Edward's Upper School, Crook was excited about the idea of bringing the next generation of cancer treatments to a place where he has family ties and roots.

"When I completed my training at the University of Miami, I had to make a decision, whether I wanted to stay in Miami and teach and work with the equipment and the treatments I'd been using or whether to come back and work closer to home and practice," Crook said. "By opening the Cyberknife center and now the Vero center, it was possible to do both and that was definitely the right decision."

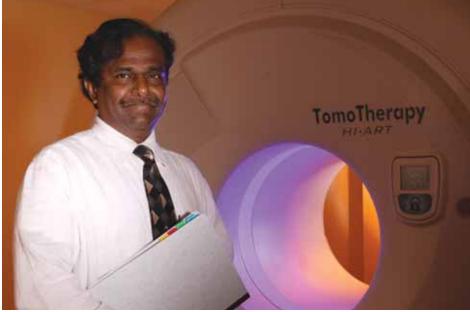
Crook is a graduate of the University of Miami, where he completed his residency at the Sylvester Comprehensive Cancer Center. He did his undergraduate study at Wake Forest University and his internship at the Medical University of South Carolina.

A Fort Pierce resident since 1994, Kumar completed his residency in radiation oncology at Wayne State University in Michigan. He served in the department of radiation oncology at City of Home National Medical Center near Los Angeles, which is a Comprehensive Cancer Center as designated by the National Cancer Institute.

Before partnering with Kumar in Coastal Cyberknife, Crook was on staff at St. Mary's Medical Center in West Palm Beach. Since he grew up on North Hutchinson Island, returning to the Vero area was a homecoming for Crook.

To round out the trio, Santelli is a graduate of the Medical University of South Carolina and her residency at the University of California Irvine

Page 27 Health



Dr. Ramesh Kumar

Medical Center. She was previously on the staff of the Emory Radiation Oncology Department in Atlanta and then Cedars-Sinai Medical Center in Beverly Hills. She graduated from Clemson University with her undergraduate degree and is the only female radiation oncologist practicing in the Vero Beach area.

Despite their impressive qualifications and credentials, Crook and Kumar admitted that breaking into the Vero Beach medical community and getting doctors to open up to these new-to-Vero technologies has been an uphill battle, as physicians on staff at IRMC have very strong ties to the cancer center there.

The doctors have made the Vero office available to cancer support groups to provide a place for fellowship and education where patients and families can meet.

"If people don't know that other options are available, a lot of times they just go to the closest place," Kumar said. "I can understand the resistance, but part of what we're doing is educating the physicians."

Since some of the techniques the doctors at Coastal are using have only been widely available outside a research setting for a few years, the data tracking and supporting results is limited.

In order to verify that the technology available at Coastal Radiation Oncology is truly "new" to Vero Beach, we asked Indian River Medical Center officials if the hospital offers the TomoTherapy, MammoSite treatments or Radioactive Seed Implants for prostate cancer.

"While we do not have the three technologies you mention, we do provide equivalent advanced radiation technology and equipment that accomplishes the same purpose of cancer eradication," said Betsy Whisman, director of marketing for IRMC. "We are proud to be one of only 16 radiation therapy centers in Florida to have received the highest recognition and accreditation from the American College of Radiology."

Word is spreading about Coastal Radiation Oncology as patients tell their friends and neighbors about the new treatment approach and compassionate care they received — without leaving Vero Beach. Crook said the staff is reaching out to local physicians who might refer patients to Coastal.

"We try to give our patients five different modalities of treatment so we see which is the best for the patient," said Coastal Office Manager Ivan Cespedes.

Team members like Ivan, said Kumar, are a vital part of the care patients get at Coastal.

"We hand-pick them," he said. "A lot of people do a half-hour interview, we do a two-day interview. We work with them, we watch them and they watch us and how we do things. What people do is important but how it is done is certainly important as well."

The staff includes a physicist, who runs the machines and constantly monitors the radioactive material used in the various cancer therapies.

"We work hand-in-hand with our physicist," Kumar said. "The physicist is a key person to make sure that whatever radiation treatment we give to the patient is the correct amount."

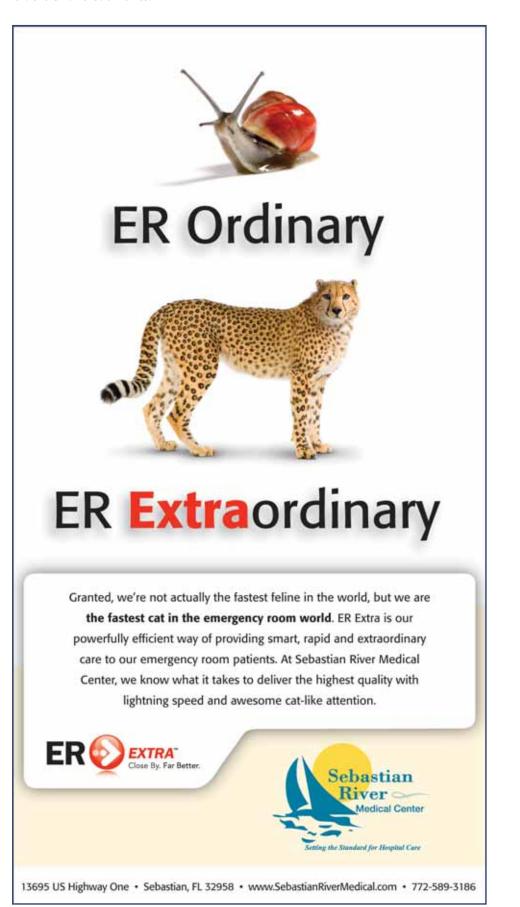
Radiation oncology is different from regular oncology because the doctors at Coastal only see patients who have already been diagnosed with cancer. Crook said the most common types of cancer he sees are prostate, breast, head and neck, rectal, gynecological malignancies, skin, lung and esophageal cancers. The first time doctors at Coastal see a patient, they take a CT scan to precisely locate the cancer and then come up with a plan of action. They give patients all the options, tell them how long the treatments take, what the duration is in days or weeks and compare the time, effectiveness and risks of TomoTherapy — which directs a stronger dose of radiation directly to the tumor or site where the tumor was removed — as opposed to traditional treatments.

"We're set up to do everything possible for cancer," Kumar said. "We've never had a patient leave, they stay with us because of the way we treat them. It's a special brand of doing things."

MammoSite Radiation Treatment

• Can be used after or instead of

CONTINUED ON PAGE 28



Health

CONTINUED FROM PAGE 27

chemotherapy, depending on the patient

• Can be used in cases where the cancer has not spread into the surrounding area

• Catheter is inserted during lumpectomy

• Targeted radiation is delivered via the catheter wires directly to the site where the lump was removed

• Ten treatments are required, two treatments per day for five days, consecutive, if possible

• Treatments take five to ten minutes each

• Minimizes pain, swelling and skin irritation

Received FDA approval in 2002
More than 50,000 women have re-

• More than 50,000 women have re ceived MammoSite treatments

TomoTherapy

• Combines the scanning capabilities of a CT Scan machine with radiation therapy to deliver more powerful, targeted radiation to the site of the cancer or the tumor which has been removed

• Developed by doctors at the University of Wisconsin, Madison in 1990,

patented in 1992

• First treatments of Tomotherapy Hi-Art delivered on a commercial machine in 2002

• Only about 200 centers worldwide equipped with Tomotherapy machines

• Other than Coastal Radiation Oncology, closest Tomotherapy, according to the manufacturer, is South Miami Hospital - Baptist Health Center of Florida, M.D. Anderson Cancer Center in Orlando, The Moffit Clinic Tampa.

Prostate Radioactive Seed Implant Therapy

• Can be used in cases where prostate cancer is contained and not very aggressive

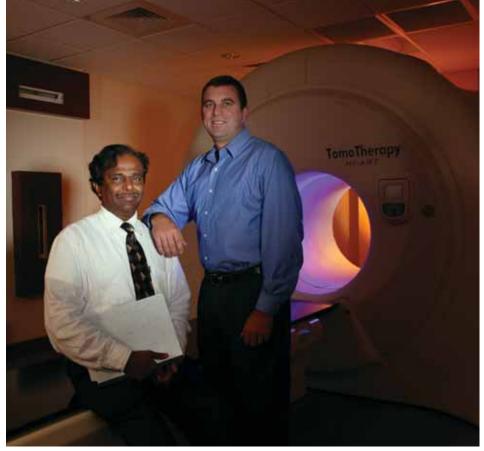
• Small pellets (typically 40 to 100) of radioactive material is strategically placed on the prostate gland, using scanning technology for guidance

• Outpatient procedure takes about 90 minutes

• Seed implants releases continuous radiation to shrink cancer

• Can eliminate the need for additional surgery or removal of prostate in some cases

• Reduces side effects and damage



Dr. Ramesh Kumar and Dr. William Crook

to surrounding organs man • Implants can be temporary or per- omn

manent, depending on doctor's recommendations

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Travel

The new Berlin

Once it was a city split by a wall. Now, a return visitor discovers, it's a splendid capital busy restoring its past and building its future.

BY NANCY HOYT BELCHER LOS ANGELES TIMES

Last spring, I was obsessed with cleaning my garage; a week later, I had scheduled a trip to Berlin.

As I admired my handiwork, I eyed an old cedar chest along one wall, and I realized I hadn't looked inside since 1988. I hadn't wanted to. After all, it was filled with mementos of my husband, Jerry, who died in 1987 when he was a reporter for the Los Angeles Times. But now I was curious; I couldn't remember what was in it. Surely, it was long enough to brave the memories.

I spent the next two days sifting through old letters and dozens of journals, but the ones I read with fervor were from 1954 and '55, the years we lived in Germany, and from 1977, when we returned for a vacation. Bittersweet, yes, but also funny and always with great memories.

When Jerry graduated from college in 1953, he received his diploma and draft papers almost simultaneously. He was sent to Kaiserslautern, in then-West Germany, at that time the largest



The German parliamentary library rises along the Spree River. The memorial in the foreground honors those who died trying to flee to West Berlin during the Cold War. Photos provided by Nancy Hoyt Belcher

were eager to travel, particularly to Berlin, but we never got there. I don't remember why, but I suspect it was probably because we were too poor. Our out-of-town entertainment was attending beer and pretzel festivals and visiting castles.

to Checkpoint Bravo to enter West After reading Je Berlin.

After reading Jerry's journals and CONTINUED ON PAGE 54



After Berlin was split in two by the wall, the Brandenburg Gate became a neglected relic in the city's Eastern Sector. Since reunification, the symbol of the city has become a mecca for tourists and street performers.

U.S. military community outside the United States, to serve in the public information office. I joined him in 1954 as a young bride. We were on our own, living on \$111.60 a month.

Germany was still occupied by the Allies, and cities were still filled with rubble from wartime bombing. We We returned in 1977 to tour Hungary and Yugoslavia and to reunite with our Kaiserslautern hosts. But we also saw Berlin, then a city divided by a monstrous concrete wall. Jerry and I traveled by rental car from Frankfurt, going through Checkpoint Alpha into East Germany, then driving 150 miles



Mark Schumann PHOTOGRAPHY Portraiture | Weddings | Commercial Photography 772.696.5233 | www.markschumannphotography.com

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Travel

letters, and knowing that this year Berlin was celebrating the 20th anniversary of the fall of the wall on Nov. 9, I had another obsession — to return and see how much had changed. So, I added Berlin to a scheduled trip to Provence, France. tel, the John F. (after Kennedy). He had never heard of it but said he'd try to find it. I must have looked suspicious, because he grinned and said, "Berlin is a big city." But he was friendly and spoke English, and because the hotel had been open only four months, I took a chance.

I'm glad I did. Albert could be a tour



The Memorial to the Murdered Jews of Europe is a memorial to the Jewish victims of the Holocaust. It consists of 2,711 concrete blocks of varying heights and was designed by American architect Peter Eisenman.

I arrived by air in July and told my guide; he pointed out every major and taxi driver, Albert, the name of my ho- minor site along the 20-minute drive

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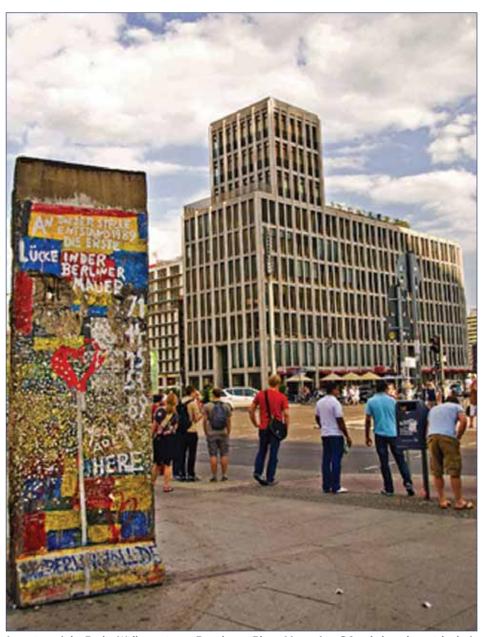
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A section of the Berlin Wall remains at Potsdamer Platz. Most of its 96-mile length vanished after the fall of the wall in 1989, when sections were sold, given away or carted off as souvenirs.

to the hotel (yes, he found it), including Berlin's symbol, the Brandenburg Gate, which looked like nothing I remembered. In 1977, it had appeared forlorn and neglected behind the wall in the bleak Eastern Sector.

Now, it's a tourist mecca, and I couldn't tell where east and west once had been. We rode around the perimeter, and I spotted souvenir stands, street performers and "soldiers" dressed in military garb posing with tourists.

We drove along Unter den Linden (Under the Linden Trees), once one of the grandest streets in Berlin, dating to the mid-1600s. Most of the trees were destroyed or chopped down for firewood during World War II. New ones were planted in the late 1940s, and it looked like a splendid boulevard again.

I chose the John F. partly for its location — three blocks from Unter den Linden, two blocks from the underground and two blocks from a bus line. It was contemporary, comfortable and a definite improvement over where we stayed in 1977 — a fourth-floor room and a shared bath in a hotel with no elevator.

Armed with maps, brochures and transportation information, I walked two blocks to Gendarmenmarkt, a beautiful square that is home to the French Cathedral, the German Cathedral and the Konzerthaus (theater and concert hall). The buildings, which were destroyed during the war, have all been restored.

I repeatedly saw this determination to rebuild Berlin as it was (with few exceptions) by restoring buildings to their prewar condition. Another nice touch is the city's use of faux façades on buildings awaiting restoration.

Two bus lines leave Gendarmenmarkt for most of the major attractions, although sometimes the underground proved faster. The smartest thing I did was buy a Welcome Card, good for trams, subways, buses and trolleys (for two, three or five days from \$23 to \$42).

But first I wanted to better acclimate myself, so I bought a ticket for

Travel

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a hop-on/hop-off double-decker bus tour with an English-speaking guide. It was a good idea. I got a history lesson, tidbits of trivia and a sightseeing extravaganza. And in five minutes, I realized that I was foolish to think I could see much of Berlin in only three days. Children ran through it as if it were a labyrinth playground.

In some areas of the city center, a double row of cobblestones marks where the wall once stood. One row starts at Potsdamer Platz and leads past a large remaining section with gaping holes made by souvenir hunt-



The Reichstag Building, which dates to 1894, has been the meeting place of the modern German parliament since 1999. The building was heavily damaged in the early 1930s, but renovations did not begin until after reunification in 1990.

How could I? Berlin, population 3.4 million, has about 175 museums, 150 theaters, eight symphony orchestras and three opera houses.

The tour bus drove past sidewalk cafes, beer gardens, open-air restaurants, the restored Berlin Cathedral, many of the 120 embassies (almost all built since 1999, when the government moved to Berlin from Bonn) and along the Kurfürstendamm, the city's most luxurious shopping district.

We also drove past a few sections of the remaining wall. Most of its 96mile length vanished after the fall, when sections were sold, given away or carted off as souvenirs. There are many sections in the United States.

I got off the bus at Potsdamer Platz, where Jerry and I had stood on an observation platform and looked down into East Berlin and the broad expanse of empty space known as the "Death Strip," filled with barbed wire, land mines and watchdogs.

The space remained bare until 1994, when rebuilding began. Today, the area is occupied by the \$5-billion Sony Center, along with a mall, theaters, restaurants, hotels, offices and apartments.

About six blocks away, still in the vicinity of the Death Strip, is the Memorial to the Murdered Jews of Europe, an open area of 2,711 concrete blocks of varying heights designed by American architect Peter Eisenman. ers. It's only a few blocks from here to Checkpoint Charlie, the American Sector's border crossing between East and West Berlin.

When we went through Checkpoint Charlie to enter dismal-looking East Berlin in 1977, the Russians searched under the seats, in the trunk, under the car, even in my purse. They confiscated our copy of Newsweek on the back seat.

Today, Checkpoint Charlie is one of the city's most popular attractions. The neighborhood is filled with tourists and scattered with souvenir stands selling reproduction Soviet army hats and military items and all sorts of gewgaws from the wall era. You can get your passport stamped for 2 euros or have your photo taken with Berliners dressed in Russian or American uniforms for 1 euro.

The Berlin Wall Museum faces Checkpoint Charlie. It highlights the worldwide struggle for human rights, as well as displays about the wall and attempted escapes.

A few underground stops away, the Berlin Wall Documentation Center describes living with the wall as it divided Bernauer Street, where people jumped out of windows in an attempt to get across. The DDR Museum, which opened in the city center alongside the Spree River in 2006, is immensely popular with Berliners, even though it is small and crowded with tourists. But it offers an interesting hands-on experience of what life was like in the Eastern Sector from home and family to fashion.

It even has a legendary East German Trabant (whose 1975 version Time magazine rated as one of the 50 worst cars of all time) on display, into which visitors climb to have their pictures taken.

I would have had a fourth day in Berlin if I had flown back to Paris to catch my flight home. But I wanted to take the high-speed German ICE train instead, and it's an all-day journey.

My last German train trip was in 1955, when Jerry and I rode a roughriding, grimy coach destined for a wine festival in Rüdesheim.

We had to get off the train and take a ferry across the Rhine River because the bombed-out bridges had not yet been rebuilt.

The ICE was smooth and silent as I looked out the window at the Rhine near Cologne. And it was much more comfortable than being squished into an airline seat. I've resolved to return to Berlin to see what I've missed, and when I do, I'll travel by train from Frankfurt.



The modernistic Sony Center is located at Berlin's Potsdamer Platz. Once, the area was part of the no man's land of the Berlin Wall. After the fall of the wall, construction began, and today, the plaza is home to the Sony Center, along with a mall, theaters, restaurants, hotels, offices and apartments.

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L.A. Fashion Week: Spring 2010 collections

Love of leather and lace combines for highconcept designs in spring fashions

BY MELISSA MAGSAYSAY LOS ANGELES TIMES

With a schedule that has stretched into an entire month of presentations, parties and runway shows, the spring 2010 collections now being shown in Los Angeles were bound to run the gamut.

For this season, designers have been inspired by influences as dissimilar

L.A. transplant Rick

This year, Skin Graft

reminiscent of Amelia Earhart, and many pieces had a layered cap-sleeve detail that echoed the collar on a bomber jacket.

"We were really inspired by strong women like Amelia Earhart and Joan of Arc," Kay said. "There is sexiness in strength."



Their pièce de résistance was a black leather "bridal gown" with a studded leather corset, long layered skirt that pooled into a train and feathered headband jutting from the model's forehead. It was dramatic, a bit macabre, but like their sharp, secondskin leather jackets, the gown exhibited a lot of workmanship and attention to detail.

On the other end of the L.A. style spectrum, Kevan Hall and Louis Verdad stuck to the vintage-inspired glamour they do best, creating polished, elegant





and highly wearable pieces that are no doubt a push toward commercial success rather than a high art statement. Hall's show at the Universal Studios Hollywood back lot had a set of grand steps as a backdrop, making every model look as though she were descending the steps at the Palais des Festivals at Cannes.

He specifically channeled the 1960s, with models wearing voluminous bouffants and "Mad Men" esque silhouettes. The solid-color pieces were breathtaking. Every color was the most brilliant version of itself. Crimson reds, vivid corals and even a concrete gray were so vivid and rich you didn't want to turn your head until the look was entirely out of sight.

His gowns were part Grace Kelly, part Michelle Obama, with strong, structured bodices and delicate jeweled details at the waist and occasionally as a brooch at the neckline.

Verdad cited Obama as his muse and translated the idea quite literally. As the show started, a video montage of Obama, Oprah Winfrey, Janet Jackson, Grace Jones and Maya Angelou was projected on the wall, and every model cast to wear the all-ivory collection was black.

Cream jumpsuits, shift dresses and trousers were accented with pops of gold and the occasional splash of navy, infusing a nautical aesthetic into the line. Verdad did a few jodhpur-style pants and a pair of shorts that bubbled around the thigh.

Silhouettes were clean and details were not overdone or heavy-handed. His use of cream and ivory looked striking against the models' dark skin and for Verdad seemed to signify a fresh start in his design career.

Somewhere between high art and the hardware store, the winners of the Fashion Angel Emerging De-

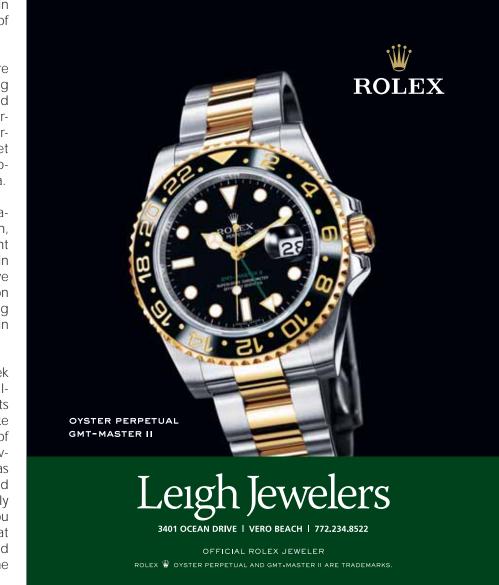
signers award, Jacquetta O'Dell and Krysta Henry of Krys-N-Jack, showed a collection made from leather and wood. (Think wood-paneled skirts with the door numbers still on them, hammered metal corsets and wood neckties and necklaces. Wood collars and

flower-shaped brooches were more wearable in an arts-and-crafts kind of way.)

The two designers are fascinated by building and have a background in interior design, carpentry and manufacturing — in fact, they met while working in a drapery factory in Oklahoma.

They cite Hussein Chalayan as an inspiration, and their strong point of view and interest in working with alternative materials have them on the right track to carving out a nice little niche in the L.A. fashion scene.

This L.A. Fashion Week may be logistically challenged and the events incongruous, but it's like driving from one end of the city to the other: Every neighborhood has something different and sometimes pleasantly surprising to offer. You just never know what you're going to get, and maybe that's part of the appeal.



Sequins adding shine to daytime dressing

Sequins are coming into the light as a sparkly daytime accent — the subtler the better.

BY MELISSA MAGSAYSAY LOS ANGELES TIMES



A word from The Hair Guy: Ok Vero Beach, Mark's At The Pointe Salon & Boutique Grand Opening extravaganza is this Saturday Nov. 7th from 10 am until 2 pm. Free food & Drink, Live music, Prizes every 10 minutes. Thanks to all our sponsors, come see and be seen and WIN. Wow, what a shameless plug!! Now down to the real stuff!

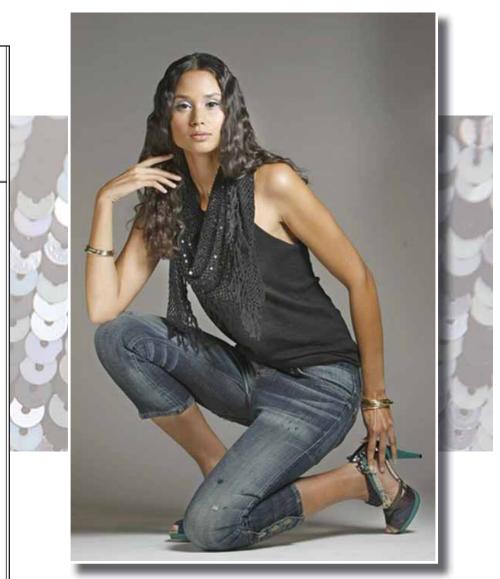
Question: I have seen the PH of my Shampoo and Conditioner posted on my bottles, but why do I need to care?

Answer: Well, Great Question who ever you are. I would offer the usual prize pack, but you left no contact info. So, here we go, this one is a cheap one for me. The question of PH is basic but a very deceiving issue. Biochemists that create hair care products for years, have expressed the PH of their product on the bottle of conditioner in order to inform the consumer of the strength and severity of reaction you can expect. The only problem is, most folks don't get it. You see, when a hair fiber is dipped in to an acidic solution the fiber shrinks and becomes smooth, Easy to comb. When a hair fiber is dipped in to an alkali solution the opposite occurs. Yes, that was over simplified, but hopefully you follow my logic. Here is the Trick however. Hair at its virgin best exists in a

natural acid mantel at about 4.5 to 5.5 PH. This said, a neutral PH is considered to be at 7 PH. In conclusion, just because a product is neutral or even slightly acidic does not mean it will be potent enough to give you the desired end texture you are looking for. As a matter of fact, The Hair Guy says, if you are looking to really smooth it out, it has to be in the neighborhood of 4 to 3 PH. Ever notice the best detangling conditioners smell like citrus? Good ol' citric acid can be your hair's best friend however, if over used can actually squeeze moisture out of your hair. I Hope this helps.

Thanks for asking The Hair Guy. Keep them coming: www.askthehairguy.com

Mark's at the Pointe Salon & Boutique is home of The Hair Guy 46 Royal Palm Pointe 772-492-8900 0r online: www.marksatthepointe.com



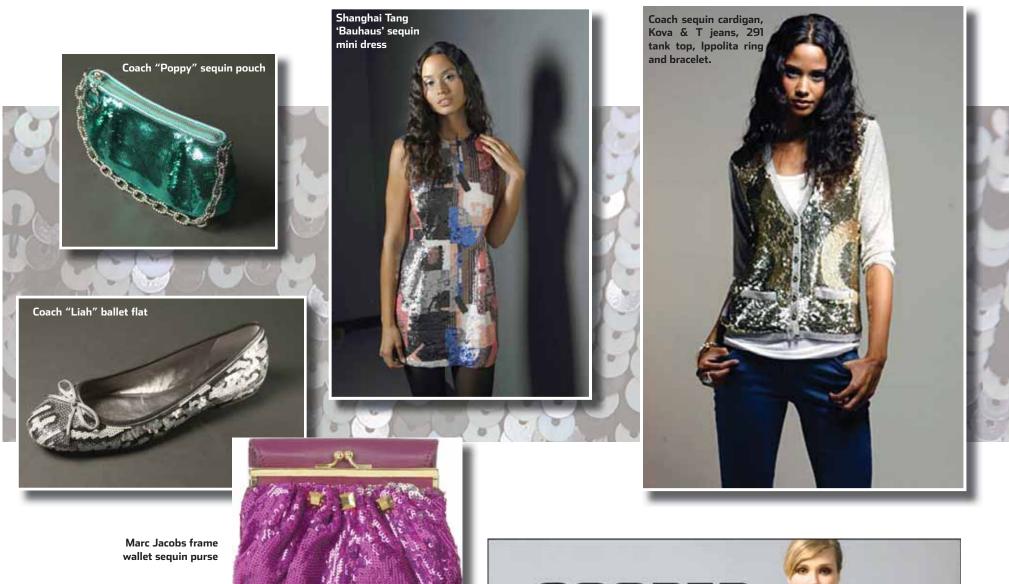
Alice + Olivia "Carlie" crochet knit top with sequin scarf, Current Elliot jeans, Aldo shoes, Ippolita bracelets.

They can look like a sparkly 1970s disco ball spinning out of control, or the remains of an '80s Jazzercise get-up. So why, with so many ways they can go wrong, are sequins so big this fall?

Fortunately, the sequins we're seeing this season aren't over the top and tacky. "They're more sophisticated than the splashy stuff we saw in the '80s," says Jaye Hersh, owner of Intuition boutique.

This season, sequins are being worn as a daytime wardrobe staple rather than just to add glitz to an evening ensemble. Hersh has been selling sequin-smattered T-shirts, tank tops and headbands for the last few months. "People are looking for something to brighten their day," she says. Her biggest sellers are monotone pieces, such as pink sequins on a pink tank top, and basic metallics in gold, silver and bronze.

Sequins can be an easy way to add some sparkle to simple pieces, but just remember that less is definitely more. Wear them as sparingly and subtly



as possible, opting for one sequined item at a time and toning down the color palette.

For daytime, try casual items such as a T-shirt or cardigan with a light dusting of a neutral-colored or monochromatic embellishment. Coach has several sequined pieces that make sense for the office and for evening. A light-gray cardigan with silver and gold sequins down the front mixes well with a solid top and standard blue jeans. Some weathered brown boots will take down the shine and add a more relaxed element to the look. Sequined knee socks from Miu Miu add a quirky touch to a full or A-line skirt and sweater. Pull them on and pair with ankle-strap platform heels.

Since sequins tend to shout, "Look at me!," wear them in neutral or dark shades to take down the glitz. A black, sequined one-shoulder dress from Tory Burch is perfect for a cocktail party, but if you're feeling shy about the shine, a fitted blazer will make it look sharp and shield some of the sequin effect.

For an even more subtle approach, try a knitted tank top with an attached sequined scarf from Alice + Olivia. The slouchy drape of the scarf is cool and casual, especially when paired with cropped jeans and cage-style heels.

If all you need is a splash of something shimmery, there are plenty of sequined accessories that will still make a statement. The fuchsia frame bag from Marc Jacobs pops with color and texture, and black and silver ballet flats from Coach freshen up a simple black dress or skirt.

If you're jazzed about the sequin trend, remember to keep it balanced and wear the right pieces for your body type and age. With so much shimmer, every little sequin counts.





Scott Schuman, 41, worked in clothing sales and marketing for 15 years, then opened a small showroom to represent young designers. But after 9/11, he closed his business. A self-taught photographer, Schuman started the Sartorialist blog to address the gap between what was shown on the runways and in magazines and what people wore.

old photo blog, the Sartorialist (thesartorialist.blogspot.com), has become a daily habit for thousands of devotees, making it consistently rank among the 50 most popular blogs in the world. By artfully spotlighting men and women who dress themselves with uncommon panache, the blog offers its passionate followers a quick hit of style as regular as the sunrise.

"The Sartorialist is the first thing on the Web to set up meaningful competition to the fashion magazines," said Peter Jones, a New York-based fine art photographer, dealer and collector.

Schuman greeted fans in Los Angeles in October at signings of his recently published book, "The Sartorialist," a collection of more than 500 pictures of the creative, stunning, amusing, sublime and occasionally ridiculously stylish people who have appeared on his blog. Ernest Duarte, a 51-year-old design engineer from Orange County who purchased the \$175 hardcover limited-edition and stood in line to meet Schuman at Barneys in Beverly Hills, summed up the revolutionary element of the photographer's work: "The pictures aren't just about what's expensive. They celebrate what the individual brings to their look.

A self-taught photographer, Schuman started the blog to address the gap



BLESSINGS DAY SPA WELCOMES CIRINO BOSCO formerly of Salon Cirino

Satorialist

In his Satorialist blog, Scott Schuman focuses his lens on street fashion

For glossy fashion magazines, it can take a village to make a genetically blessed model decked out in \$8,000 worth of designer clothes and accessories look just the right kind of fabulous.

But the supremacy of the carefully crafted fashion shoot is being challenged by the street style photo blog, an instant-gratification blend of artistry and reality, starring appealing amateurs who are their own stylists. And no one is doing more to spur the revolution than Scott Schuman.

Indeed, Schuman's4-year-

as a mannequin. Yet they can

One day, the photograph with pride of place on the Sartorialist might be a middleaged woman in a fairy tale of a dress; the next, the most arresting image is a sockless man wearing proper tweeds. A reader might pick up a small affectation to adopt - such as Italian men rarely button their button-down collars - or get the message that purple tights can make an outfit. The Sartorialist delights in details - the turn of a cuff, an unexpected combination of colors and textures.

Schuman is drawn to originality, to clothes that fit beautifully, to people who exude self-confidence or hide behind an air of mystery. His choices don't, for example, campaign for a particular flavor of good taste. Nevertheless, visitors to the site find it inspiring ("I could try that!") and validating ("I've worn that!")

THE SARTOR rt Sch

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'The Sartorialist' (Penguin Books) Scott Schuman's recently published book, "The Sartorialist." is a collection of more than 500 pictures of the creative, stunning, amusing, sublime and stylish people who have appeared on his blog.

Schuman, 41, is a compact man with ice blue eyes and close-cropped, Don Draper

hair. Dressing with flair bolsters his credibility as a style arbiter; at Barneys, he was tieless in a three-piece Ralph Lauren Purple Label navy suit with a white shirt

He grew up in Indiana and moved to New York, where he worked in clothing sales and marketing for 15 years, then opened a small showroom to represent young designers. After the 9/11 attacks devastated the American fashion industry, he closed his business. He was married with two young daughters, and when the children's nanny left, Schuman began spending time caring for them and taking pictures around Manhattan.

"I was still totally ambitious and driven," he said, "but I let myself become more of an artist. Blogs were mostly text-driven. Nobody was making money with photo blogs then. I knew I understood fashion. I knew about men's and women's style at a high level. I was beginning to become a good photographer and I had a point of view. I felt there was potential for a photo blog to build an audience."

At first, all the pictures were of men, but the blog quickly became coed. "If I saw a cool girl, how could I not shoot her?" Schuman asked. There were some grumbles from male readers, but, Schuman said, "after a while they started

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BY MIMI AVINS THE LOS ANGELES TIMES

between what was shown on the runways and in magazines and what people actually wore. "When there's a new collection in the showroom, everything is that new, total look," he said. But "nobody buys a whole new wardrobe every season, so on the street you don't see people as perfectly put together

be expressing great personal style."

Page 61 Style

to see how a guy can look at a girl's outfit in a kind of abstract way, seeing color combinations, textures, things like that. That's when I knew I was on to something. People were getting that you don't have to be super-rich or gorgeous to look great."

The site's growth was viral. "A small group of guys were looking at it, and one guy would e-mail another guy with a link," Schuman said.

The Sartorialist's greatest payoff to Schuman has been as a steppingstone. The more attention it attracted, the more assignments he got from magazines. Those gigs took him to Berlin; Stockholm; Moscow; Florence, Italy; and London, whose chic citizens he featured on the blog. Schuman contributes a Sartorialist page to each issue of GQ and has shot street-style advertising campaigns for such clients as DKNY.

As its subjects became increasingly global, the philosophy of the Sartorialist continued to be exclusive and inclusive. "It's exclusive because I'm shooting inspiring, well-dressed people," Schuman said. But the subjects were of different ages, races, sizes and income levels.

In its long history, street style photography has been influenced by Robert Frank's portraits of ordinary Americans and the work of the late German photographer August Sander, among others.

Jacques-Henri Lartigue captured fashionable French women at the end of the 20th century and since the 1970s, Bill Cunningham of the New York Times has been the genre's most visible practitioner, an acute observer of the charming near-miss. (Cunningham believes that, unlike in formal fashion photography, the power of street style photos derives from the beauty of imperfection.)

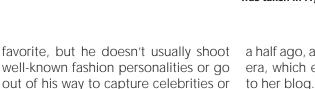
Many of Schuman's subjects are fashion professionals, since his hunting ground is usually outside the major runway shows in New York, London, Paris and Milan, Italy. His first big break came in 2006, when the Conde Nast website Style.com hired him to contribute pictures shot during men's fashion weeks in Milan and Paris. Next, they sent him to the women's shows.

Photographing the professional fashion tribe isn't as easy as it sounds. Many buyers and editors are too concentrated on their stores or magazines to dress well themselves, or they're simply poststylish in black on black. French Vogue editor Carine Roitfeld is a Schuman



The blog spotlights men and women who dress with uncommon panache. This is a shot taken in February 2007 in New York City.

At first, all the pictures were of men, but the blog quickly became coed. "If I saw a cool girl, how could I not shoot her?" Schuman asks. This was taken in Hyeres, France, in April 2008.



runway clones. He's partial to young assistants with more dash than cash.

Inevitably, certain characters reappear on the site, and even develop a following. "Certain editors and the assistants are always my favorites," said Jill Roberts, who owns eponymous boutiques in Beverly Hills and Santa Monica and checks the blog daily. "I love seeing someone repeatedly, and seeing how they vary their style. Lately, I'm so much more inspired by photo blogs than by magazines."

Is street style photography art? Yes, if art is defined as what is sold by a gallery. In January 2008, the Danziger Projects, the New York photography gallery that represents Annie Leibovitz, Andy Warhol and Edward Weston, mounted a show of his photographs. "At the opening, people were lined up around a city block," said gallery owner James Danziger.

"Before the show, Scott had never made a print of any of his photographs," Danziger continued. "He is the first true photographer of the Internet. He shoots digitally, posts on the Web and his work is appreciated there. The history of photography is one of innovation. While Scott is by nature a classicist, the concept and delivery of his work and the online community it has attracted are innovative."

Indirectly, the Internet can take some credit for Schuman finding love. After his marriage broke up, he got to know French fashion illustrator and blogger Garance Dore at the shows. They became romantically involved a year and a half ago, and he bought her first camera, which enabled her to add photos to her blog.

The couple often work on projects together, and he sees their future



"That's when I knew I was on to something," Schuman says. "People were getting that you don't have to be super-rich or gorgeous to look great." This was taken in Paris in 2007.

as the principals of a creative studio that would produce video, photographs, editorial spreads, even products under the Sartorialist brand. And, of course, their respective blogs.



Page 62 Pets

Samantha: An English Springer and Ocean Drive celebrity

BY CISSY SUMNER COLUMNIST

This week our Island Dog is Samantha, an English Springer Spaniel. Some of you may recognize "Sammy" from her part time job as greeter at Hearth and Hound on Ocean Drive.

Samantha shares her life with Donald and Monica O'Leary.

Even before Donald and Monica were married, they knew a dog would add an important element to their lives. In order to find the perfect dog, Donald and Monica each made a list of the qualities, traits and characteristics they were looking for in the ideal companion. After compiling their lists and searching breed books, it seemed the English Springer Spaniel fit their needs.

Donald jokes "Samantha is our honeymoon. We saw Sammy and fell in love." The honeymoon was suspended so the O'Leary's could begin Sammy's training and make her a part of their lives.

Sammy is a great playmate and

buddy for Donald. He describes her as a thinking dog. Samantha recognizes over twenty toys and will bring them to Donald when he asks for them by name. She loves to play ball, but

does not care for her walks. Donald has to take the long way to the ball field in order to get Sammy walking. Once at the field, Sammy is ready to fetch. She also enjoys water sports and loves a dip in the pool.

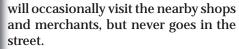
Monica wanted a dog she could love and cuddle. While Sammy looks to Donald for activities, she goes to Monica for affection. Monica wanted a dog for companionship and



Samantha is a devoted friend for her.

While Samantha is a bit reserved with strangers, she is loving and attentive to Donald and Monica. She pouts on the occasions she is left behind. All their vacations include Sammy.

Sammy is quite the celebrity on Ocean Drive. Repeat vacationers often make Hearth and Hound their first stop to see if Sammy is working. On nice days, when the door is open, Sammy sits out front and people watches while enjoying the view. She



Because of forethought and planning, Samantha has been a perfect fit for Donald and Monica. Samantha has brought joy to their lives and is the satisfying companion they were looking for.

Cissy Sumner, CPDT-KA www.bestbehaviordogtraining.org

I would like to invite you to nominate any pet as an island pet. Maybe your cat or parrot brings joy to your life. Contact me with pictures and your pet could be an island star!



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On Faith

Page 63

Changing our minds—and our hearts



BY REV. DRS. CASEY AND BOB BAGGOTT COLUMNISTS

Doesn't it seem that we admire greatly those people who make a decision and stand by it, come what may?

Maybe we appreciate the character it takes to be consistent and immovable. After all, when cultural change is rampant, when the tried-and-true values are no longer universally upheld, when traditional standards of behavior are questioned, we especially value rock-solid people. We take some comfort perhaps, in observing that some things don't change, and some people are thoroughly, dependably, and utterly predictable.

And yet there's a problem with such strict, unchanging, predictability. The problem is that sometimes what seemed absolutely, positively, unarguably true when we were 20 seems a little less certain at 40 and pretty iffy at 60. What we espoused at one point in life doesn't seem so wise later. A little more experience usually tends to change our perspective and grant us a vision we lacked before. Maybe holding fast to one position, come what may, is not always practical or desirable.

There's an old joke that a young man, fresh from school and full of new-found insight, decided to teach a parenting class in his church. He titled the class: "Ten Rules for Successful Child-rearing. Then he got married and had a child. He changed the title of his talk to: "Ten Suggestions for Successful Child-rearing." After his second child was born he quit teaching the class. Sometimes wisdom comes in humbly acknowledging the need to revise one's thoughts and change one's mind.

One of our favorite theology journals ran a series of articles several years ago entitled, "How My Mind Has Changed." In it, famous theologians, preachers and church leaders recounted instances of much needed personal mind-changing. For some the conviction that they needed to revise their thinking came with sudden awareness. For others it came after long study and careful debate. But all of these writers admitted, humbly, that in retrospect, they had apparently been "wrong."

One of the most exciting features about being a person of faith, we think, is that this sort of life-altering, world-shaking, mind-changing experience is likely to happen to any of us from time to time. So long as we engage with other faithful folks with openness and humility, and listen together for God's guidance, we are going to need, every so often, to grow out of old positions and into new ones. We are going to change our minds, and if we are lucky, change our hearts, too.

Rev. Dr. Robert Baggott is Senior Minister of Community Church of Vero Beach. Rev. Dr. Casey Baggott is Executive Minister. The Baggotts write a regular faith column for Vero Beach 32963.



Restaurant Review

Dining

Avanzare: For Italian, close to the top

BY TINA RONDEAU COLUMNIST

A year ago when we reviewed Avanzare, we ranked it high on the list of Vero Beach Italian restaurants. The meals we have had there since have forced us to slightly revise our opinion. In a town with no shortage of good Italian restaurants, Avanzare ranks close to the top.

Avanzare's specialty is great ravioli. But this restaurant, located on 14th Avenue in the old town, serves a number of other excellent Italian dishes as well.

In recent months, we have enjoyed the veal piccata (\$21), veal scaloppini topped with a lemon, caper and butter sauce served over angel hair pasta; the shrimp alla norma penne (\$21), shrimp, eggplant, roasted peppers, garlic, and San Marzano tomatoes sautéed in extra virgin olive oil tossed with imported penne pasta and shaved ricotta; and whole yellow tail snapper (\$22) oven roasted with garlic, lemon, red onion and spinach with a touch of extra virgin olive oil.

All these dishes are highly recommended. And Avanzare also makes excellent eggplant parmesan (\$17).

A great way to start the evening



The main dining room at Avanzare

arugala tossed with lemon and olive oil (\$9), and the shrimp, grapefruit



Grilled Sea Scallops with fresh beet fettuccini at Avanzare

at Avanzare is with a couple of their "small plates" – more than a dozen antipasti that can either be savored as an appetizer or combined into a tasting meal on their own.

Among my favorites this past year have been the grilled sea scallop over

and fried goat cheese over chopped arugala (\$9), an unusual combination definitely worth a try.

But the one I keep coming back to is the grilled shrimp and calamari (\$9) tossed with garlic, lemon, oregano and olive oil. A light dish with a perfect sauce.

Following the antipasti come the house salads — micro greens with gorgonzola served with a home-made balsamic vinaigrette. Very nice.

Then to the challenge: In the interest of reviewing other dishes, can we resist the three or more house-made raviolis of the day.

At times, we cheerfully give in. On a couple of evenings, my husband had the Tuscan roast pork ravioli in the classic Sicilian Sunday gravy. He said it is every bit as good as it sounds.

He also favors the Italian sausage, roasted peppers and provolone in Sunday gravy. This is an extremely tasty preparation in the classic Sicilian tomato sauce.

My personal favorites are the wild mushroom and goat cheese ravioli, served in a wild mushroom sauce with a balsamic drizzle, and the veal, spinach and parmesan ravioli in a Bolognese sauce– an excellent preparation.

The raviolis all run in the range of \$19 to \$22, and whatever ravioli Avanzare is featuring on any given night, you can't go wrong. All are superb. Like the ravioli, Avanzare's other pastas are all made on the premises as well. We can highly recPhotos: Tom McCarthy Jr.

ommend the bacon and egg fettuccini, whole wheat fettuccini prepared with pancetta. Not a dish for the diet conscious.

For dessert, we never make it beyond Avanzare's chocolate cake – a sinfully rich cake that is hard to beat.

If you were only going to try a couple of Vero's Italian restaurants this year, Avanzare would have to be on your short list. And oh, by the way, did I mention the ravioli.

I welcome your comments, and encourage you to send feedback to me at tina@verobeach32963.com.

The reviewer is a beachside resident who dines anonymously at restaurants at the expense of Vero Beach 32963.

> Hours: 5-9 pm, Monday through Saturday

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ineDINING

Advertising Vero Beaches finest restaurants



TOAST OUR NINTH SEASON

Food

Cooking up a love affair with clay

BY PAULA WOLFERT LOS ANGELES TIMES

I don't think I've ever met a clay cooking pot I didn't like ... or want to own.

And I have more than 100 clay pots of every size in my kitchen to prove it: Moroccan tagines, Provencal daubieres, Spanish cazuelas, Italian bean pots, Turkish guvecs and even

ceramic colanders, including one I use to steam couscous. I love the way these pots tie me to traditions, deeprooted ways of cooking, and add flavor and finesse to my food.

I bought my first clay pot at age 19, just weeks after starting cooking lessons with legendary teacher Dione Lucas. She sent me to a French restaurant supply store in lower Manhattan where my eyes immediately fell upon an odd-looking, low, pot-bellied, earthenware vessel with a tiny covered opening. The sales clerk told me it was used to cook tripe. Back then I had no idea what tripe was, but the shape of the pot fascinated me, and so I bought it for its beauty.

Somehow it survived numerous moves, to Europe, Morocco and the East and West coasts, always beautiful and always producing soft and exceedingly rich beef stews.

Oddly, I've used it only once for tripe, until, this past year, when San Francisco chef Loretta Keller, who collects clay tripieres, came to my house in Sonoma, Calif., to cook with me. The tripe cooked so slowly and evenly that when she uncovered the pot, it fell apart at the touch of a fork. The resulting dish was wonderful, rich, lay-

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CONTINUED FROM PAGE 65

ered flavors and sensual melting textures, further proof, if I still needed it,



Sizzling shrimp with garlic and hot pepper

that food — almost any food — always tastes better when cooked in clay.

Early in my career, when I was catering parties in New York, I prepared Spanish dishes for wealthy twins who lived on Fifth Avenue. Among the illustrious guests that night were poet Allen Ginsberg and Beat generation novelist Jack Kerouac.

Everyone seemed to like my food, especially a garlicky prawn dish prepared in an earthenware Spanish cazuela. In fact, Kerouac was so enamored he wandered into the kitchen, studied me for a while and then announced: "Great legs!" It was lovely to hear such words from such a famous writer, but I was such a hard-core foodie at the time I didn't realize he was referring to my gams; I thought

he meant the long thin legs of my prawns!

Years later, I was living in Morocco, starting on my multiyear study of Moroccan cuisine. It was here that I first encountered the ubiquitous twopart cooking vessel called a tagine — low-rimmed concave plate-like bottom and high cone-shaped top. The vessel is ingenious for the way the top cools steam from the stew (or tagine) simmering below, condenses it, then sends it back down into the cooking food.

My favorite tagine, and the one I use most, was acquired secondhand from a Berber family on a field trip to the Rif Mountains. Even when I bought it, this pot bore the scent of Moroccan spices and the patina of long use. To my eyes it is also very beautiful in that the clay top piece, the cone, has been deeply grooved by its potter

with crisscrossing diagonal slashes in the Berber style.

And like all tagines, it makes a fine serving dish too, conjuring up the special, almost mystical quality of Moroccan tagines — fresh produce and succulent meat served in a rich, unctuous sauce.

Bean pots made of micaceous clay have been a revelation. My best one, a true beauty, was a gift from chef/owner Katharine Kagel of Cafe Pasqual's in Santa Fe, N.M. Made by master potter Felipe Ortega, it is incredibly light and thin, yet easily holds four quarts. "It will give a sweet, hearty and slightly





Basturma

salty flavor to whatever you cook in it," Kagel told me, and she was right: It cooks beans like a dream.

In fact, all clay bean pots, whether tall or wide, will, with slow cooking, produce delicious aro-

matic bean dishes, keeping the beans moist and protecting them from burning.

I could go on: There's my huge, yellow, vaseshaped cassoule used to cook cassoulets over a wood fire. A set of gargoulettes from Tunisia, in which meat is sealed, then set in the embers of a fire and then must be broken open to access the cooked food. A small meglah from Lebanon in which I make particularly wonderful fried eggs. And a green glazed daubiere, made by master potter Philippe Beltrando, which produces delicious Provencal daubes.

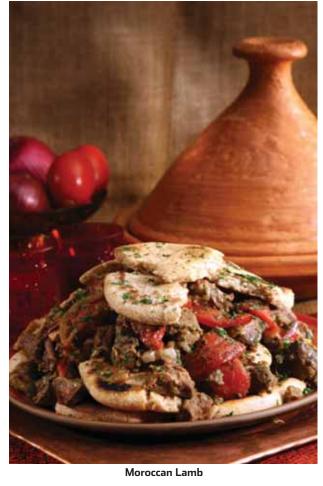
I asked Beltrando, a tall, lanky, gracious man with flowing hair and beautiful tender eyes, the same question I've asked nearly everyone

I've encountered since I started working on this kind of cooking: "Why do you think food tastes better when cooked in clay?"

I found his answer moving and mystical:

"Maybe someday scientists will come up with an explanation," he told me. "It most likely has to do with the even diffusion of heat, soft heat that creates great alchemy in the kitchen. Think of bubbles rising from within a stew, hatching slowly on the surface to the rhythm of a slowly ticking clock.

"But, personally," he added, "I believe something I was told by my grandmother, an extraordinary cook.



She insisted that the best daubes were cooked in her oldest casseroles, because, she insisted, pottery has a kind of `memory' of the food it held, and only a clay pot can keep the `memory' of the love the cook put into it when preparing the dish."

Wolfert is the author of the newly published "Mediterranean Clay Pot Cooking."

St. Ed's

St. Edward's 'Trifecta of destruction'

RON HOLUB COLUMNIST

For three seniors on the varsity volleyball team at St. Edward's, an end-of-season tradition began with an escort to mid-court to receive a bouquet of flowers. Family members came to stand by their side. This night, the last of regular season play, was dedicated to Cameron McGuire, Ebony Gunn and Cali McGovern – the Trifecta of Destruction.

But as the first serve sailed over the net, the tributes were quickly overshadowed by a rush of adrenaline and reverence for the sport they love to play.

The Senior Night ceremony on Oct. 22 was designed to coincide with the final home match of the regular season. The honorees led the way as the Pirates dominated Lincoln Park Academy that evening by sweeping three straight games. Of course, the entire squad had a hand in the victory, but there was little doubt about



St. Edward's seniors Cali McGovern, Cameron McGuire and Ebony Gunn. Photos: Tom McCarthy Jr.

the main plot that unfolded.

The night was clearly dedicated to the McGuire, Gunn and McGovern. During her days at St. Ed's, McGuire regularly topped the statistical ledger in several categories, most notably kills. She established a reputation as a force to be reckoned with in high school and club volleyball circles. She also knew this day was coming.

"After four years on the varsity, I'm going to be really sad when this last year is over," McGuire said. The three seniors have all been together since 8th grade. "We're really good friends. We really wanted to finish strong for our fans, when we were at our very best."

McGuire will take her volleyball prowess to the next level. She has verbally committed to the University of North Florida and is scheduled to sign a letter of intent on Nov. 15.

Gunn was a formidable complement to McGuire, especially on the front line. She, too, has come to terms with the moment.

"Now that I'm a senior, I realize that I'm really going to miss my teammates, and miss playing volleyball here," the three-year varsity performer said. She won't have much time to reflect, however, because there will be a monstrous number of rebounds to collect on the basketball court when CONTINUED ON PAGE 68

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Page 68 St. Ed's

CONTINUED FROM PAGE 67

that season opens Nov. 17.

The third leg of the trifecta belongs to McGovern." "It's been great," she said as her third year on the varsity volleyball team drew to a close. "I've been able to grow up with the same teammates. The three of us have put a lot of effort into making this a memorable and fun season, not only for ourselves, but for the rest of the team as well."

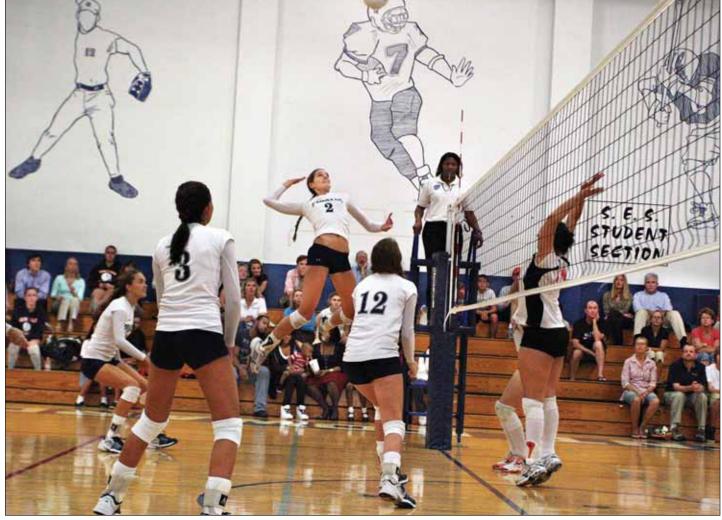
Head Coach Lauren Glasco has witnessed this inexorable transition before.

This is her 11th year as both the varsity head coach and the overall director of the popular and vibrant middle and upper school volleyball programs.

On any given school day after classes were dismissed, the footsteps of a significant portion of the female student body could be traced to the volleyball court. This year 69 girls suited up for six separate teams ranging from the 6th grade through the varsity.

"We had a unique group of seniors this year," Glasco said. "All of them brought a high level of commitment, dedication and leadership to our team. I was fortunate to have three girls who were able to contribute in such a meaningful and important way."

Every year the coach laments the



Cameron McGuire goes up for a spike during St. Edward's School's senior night game win against Lincoln Park Academy.

been comforted the following season when others invariably rise to the oc-

loss to graduation, but she has always casion and fill the void. She expects no less from the girls

expected to be back in 2010. Among



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them are juniors Danielle Pierone, Hannah Lambert and Simona Mulas combined with sophomores Leyla Tettamanti, Maddy Blakeman and Tillery Conway to round out the varsity roster.

Lambert may find herself in a leadership position next year as a senior, but her personal subtext for this volleyball season offered ample proof that some of the most important statistics generated on the court have absolutely nothing to do with kills, blocks or points won.

Lambert has Type 1 Diabetes.

"I like to think of it as a challenge that I can overcome," Lambert said of the illness that is a factor in practices and games that can be physically rigorous and mentally stressful. She has indeed overcome, aided by sophisticated monitoring technology consisting of a sensor to measure blood sugar levels and a receiver to warn of irregularities.

"Never give up and don't let diabetes stop you from doing what you want to do," is her message.

Lambert expressed deep appreciation for the support and encouragement from her coaches and teammates. Everyone was constantly on the lookout for ways to help.

That was certainly one of the best team performances of 2009.

Couple's yard is innovative testing ground

The landscape architects experiment with plants, stone and decor before using similar techniques for their clients.

BY EMILY YOUNG LOS ANGELES TIMES

When they're at work, landscape designers Annemarie and Matthew Hall are the experts, dispensing advice on how to save water, choose appropriate plants and maximize every square inch. But when they're at home in Laguna Niguel, the Halls are pretty much like the rest of us — that is, stuck with sign in Irvine. "We feel we could practice more of what we're preaching. Our home garden is putting our money where our mouth is."

The Halls' personal landscape doubles as a professional laboratory, a place to test the ideas they suggest to clients. It's a whimsical mix of ornamental and edible plants and eyegrabbing paint and furniture.

"Everything's more fun and more



Matthew and Annemarie Hall with their golden retriever, Ozzy.

lousy soil, pestered by snails and always on the lookout for smarter, more affordable ways to maintain an attractive, functional garden.

"Annemarie and I talk about things like sustainability issues all the time," says Matthew, design director at the landscape architecture firm EPT De-

sviviano@signatureofvero.com

playful now," says Annemarie, who runs her eponymous solo practice from home (ahalldesign@cox.net). "It's all about color and comfort."

The Halls bought their '70s ranch house in 1995 and shortly thereafter redesigned the garden to complement their Mediterranean-style inte-



An earth-toned woven furniture ensemble has been replaced with bright orange Verner Panton chairs around a redwood-topped table.

riors. Amid lavender and rosemary in the front yard, they added a concrete fountain painted white and planted citrus in terra cotta pots. In the backyard, they framed their sweeping view of Saddleback Mountain with more lavender and sage, and they flanked the house with ferns planted in pots instead of the heavy clay earth.

The concrete dining patio bisecting the lawn was poured, scored and stained as an economical alternative to stone. A fire pit was notched out of the concrete, and for lighting, two wood towers were salvaged from a client's project, then wired and placed on a low concrete wall at the edge of the property.

"We feel like such scavengers," Matthew says, "but it would have been a

ΗK

shame to throw the towers away."

That initial garden plan lasted about six years. Eventually the Halls developed a taste for contemporary design that coincided with several plants reaching the end of their life span and key areas needing renovation. It was time to tinker.

In the front, where the Mediterranean choices were dying or overgrown, the Halls switched to agaves, senecio and other low-maintenance, easy-topropagate succulents with shallower roots and meager water requirements.

For a more informal look, the front flagstone path was converted to concrete pavers (repurposed wall caps from yet another job) set in pea gravel. The little round stones rolled around CONTINUED ON PAGE 70



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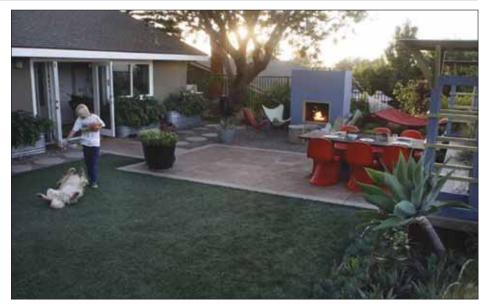
Living

Living

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In the side garden, where the Halls were previously hampered by less-than-optimal native soil, they transplanted hybrid tea and floribunda rose bushes, fruit trees and vegetables to 30-inch lengths of corrugated steel culvert pipe, pictured here, as well as horse troughs. With improved soil and individual drip emitters, the plants are thriving again.



In the backyard, Ethan plays with Ozzy on artificial turf that replaced a difficult-to-maintain lawn. The couple kept the sprinklers so that they could rinse the fake grass occasionally. The Halls junked potted ferns around the house for dwarf philodendron in more galvanized aluminum horse troughs, which they found online.

A concrete dining patio — scored and stained as an economical alternative to stone — bisects the turf. At the far right: two wood towers salvaged from a client's project, then wired for lighting, painted blue and yellow and placed the edge of the property.

CONTINUED FROM PAGE 69

too much, so they were replaced with crushed gravel, which is rougher on bare feet but stays put better. To infuse the entrance with lively color, yellow chairs were placed under the existing magnolia tree, the fountain was painted cobalt blue and the terra cotta pots were painted red.

Out back, artificial turf replaced a lawn that had been difficult to maintain with the Halls' rambunctious son, Ethan, now 9, and golden retriever, Ozzy. The couple kept the sprinklers so that they could rinse the fake grass occasionally.

"We said we'd never do artificial turf," Annemarie says, "but better products are coming out all the time."

The Mediterranean plants framing the view made way for more succulents and lyme grass, and the Halls junked the potted ferns for dwarf philodendron in galvanized aluminum horse troughs that they found online for \$150 each.

A small art studio for Annemarie was conceived as a kind of garden folly. The Halls painted the structure and the light towers blue and yellow. The same cheerful color scheme was applied to a gas fireplace to tie the disparate elements together.

Fireside seating, arranged on crushed gravel that banished the rest of the lawn, consists of butterfly chairs with washable covers and eucalyptus stumps that cost \$10 apiece at a firewood yard.

The dining patio received a face-lift as well, with an earth-toned woven ensemble disappearing in favor of bright orange Verner Panton chairs around a redwood-topped table.

"The trees are messy," Matthew says. "I wasn't going to put a \$5,000 chaise under them."

In the side garden, where the Halls were previously hampered by lessthan-optimal native soil, they transplanted hybrid tea and floribunda

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Eventually the Halls developed a taste for contemporary design. In the front, where Mediterranean plants were dying or overgrown, the Halls switched to agaves, senecio and other low-maintenance, easy-to-propagate succulents with shallower roots and meager water requirements.

They replaced the thirsty front lawn with two large raised vegetable beds made of long-wearing redwood planks. The couple even enjoyed a few ears of the corn from stalks that screened the living room window.

For a more informal look, the front flagstone path was converted to concrete pavers set in pea gravel. The little round stones rolled around too much, so they were replaced with crushed gravel, which is rougher on bare feet but stays put better.

rose bushes, fruit trees and vegetables to additional horse troughs and 30inch lengths of corrugated steel culvert pipe. With improved soil and individual drip emitters, the plants are thriving again.

"Ethan doesn't garden much, but he plants his own potatoes and strawberries," Annemarie says. "It's our hope that he appreciates how things make it to the table as our food."

Over the summer, the Halls expanded their suburban farm by removing the thirsty front lawn and installing two large raised vegetable beds made of long-wearing redwood planks. They increased the size of their harvest and even enjoyed a few ears of the corn from stalks that screened the living room window. Most recently, the Halls adopted three Leghorn chickens, treating them to a custom coop in exchange for fresh eggs. And so it goes as the designers continue to experiment and adapt, blurring the line between playground and proving ground.

"Matt and I usually work on half-amillion-dollar to million-dollar jobs," Annemarie says. "But good design doesn't have to be expensive. It can be budget-conscious and just as creative."

Page 71

Real Estate

Utilities on the minds of island home buyers



This River Club home closed on Oct. 30 for \$2.5 million, sold by Christine McLaughlin of Shamrock Realty. One of the selling points of the house was that it is in the northern part of the Town of Indian River Shores, which is on FPL electric and that it's a new, more energy-efficient home.

BY LISA ZAHNER STAFF WRITER

Savvy buyers looking for deals on the barrier island are asking more questions than ever about what their total monthly household expenses would be – and utilities are becoming a factor, realtors said.

"A lot of people are paying more for their electric bill than they do for their mortgage," said Matilde Sorensen, broker and co-owner of Dale Sorensen Real Estate, with two offices on the barrier island.

This summer's surge in City of Vero Beach electric bills due to high power cost adjustments is only part of the story. Combined water and sewer rates have already gone up by 18 percent and will rise by another 18 percent five months from now.

To meet growing overhead costs, the city is expected to impose more increases each year until at least 2013, when the result will be a more than 50 percent increase over last month's rates for water, sewer and irrigation water.

There has also been talk of a small annual cost-of-living increase in base rates after 2013. Seasonal residents can no longer disconnect service and avoid base rates while they're away and electric usage costs may also go to a seasonal rate adjustment in October 2010 if proposals on the table are accepted. All of this adds up to a blow to the pocketbook and, potentially, the decision to spend less on a house to offset these and other fixed costs.

Local businesses, the unemployed and people on fixed incomes were the first to feel the pain from having their monthly output swell way beyond what they were accustomed to this summer.

But as the year drags on and utility bills continue to pinch even the area's most affluent residents, the grumbling and outrage has not been lost on prospective home buyers.

Charlotte Terry of Charlotte Terry Real Estate based at Alex MacWilliam Real Estate, works almost exclusively as a buyers' agent and has for nearly two decades.

"I have heard people asking questions about utilities; it is beginning to become a concern," Terry said. "It is playing a part because they all know about it and they're all reading the papers."

Terry said she doesn't feel like the discrepancy in utility costs between homes inside the city system and outside the city system has been the deciding factor in where people buy, but that it is part of the complex calculations of both objective and subjective factors buyers take into account when making that all-important choice of where they will live.

CONTINUED ON PAGE 72



Real Estate

CONTINUED FROM PAGE 71

"They all ask about expenses across the board and this is one of those expenses and I try to provide at least the last six months or year of utility bills. In the end, if someone wants to live in the City of Vero Beach, they're going to do that."

As a self-proclaimed nature enthusiast and a realtor who has gone through extensive training to learn and be certified in the area of green housing and building, Terry sees a small up-side to the utility crisis.

"Maybe it will encourage people to go solar," she said.

Christine McLaughlin, owner/broker of Shamrock Realty, specializes in the Central Beach area within the City of Vero Beach.

She said things have not gone so far that properties in the city or on city utilities — many of which have been selling for just the value of the lot over the past year — are off-limits to buyers, but they are doing their homework.

"Sellers have not indicated their awareness that being in the City of Vero Beach zone is a 'negative'; however, the word is out with the buyers about our utilities," McLaughlin said. "Buyers and especially renters are asking about the electric and wanting to see the 12-month utility history of both types of properties."

McLaughlin said requests for information about utilities are more frequent this year than previous years, but it is not an odd request at all.

"Every single buyer I have had in the last 5 years has asked for a utility history in the due diligence period. It is a factor in all living situations," she said.

Sorensen said both she and her associate daughter, Elizabeth Sorensen, are seeing utilities at least come into play with their buyers.

"The feeling is that people do ask the questions and do want to know

Realtor Christine R. McLaughlin stands in front of a house which has been made more utillites bill friendly through energy efficient improvements like a white tile roof, new A/C units and double-paned windows. Photos: Tom McCarthy, Jr.

what the bills are, but have we lost a sale because of it? We have not," Sorensen said. "Before, they didn't want to know about utilities and now they want to know."

Many residents are banking on just surviving until January, which is when city officials are promising the electric situation will right itself.

To quell the revolt of the average citizen drowning under bills which have nearly doubled, the city has told rate payers that they should see their bills go down by around 20 percent after the new power-buying deal with Orlando Utilities Commission goes into effect on January 1.

Lower power costs via the OUC con-

tract are predicted to offset the offset the 12.5 percent proposed base rate increase, which has been reviewed by the Public Service Commission and is expected to come to a vote by the Vero Beach City Council later this month.

Michael Thorpe, broker-owner of Thorpe-Sotheby's International Realty, said his buyers have been very interested in the utility issue, but that they are making decisions based on what the city fathers are promising for the long haul.

"We definitely have had numerous discussions about utility costs and boundaries of providers. This is a factor in the decision making process for some people," Thorpe said. Should the savings not shake out the way the city hopes, increased utility costs over the long term might take away a major Vero Beach selling point — low cost of living.

Sorensen said she's gotten many listings from locals who don't trust that the city will get the utilities down to prices they can afford.

Albert VanDerveer, a retired CPA, said he can do the math, and for him, even if he wanted to leave Vero and go to a cheaper place, he doesn't think he can sell his barrier island home.

"Who would want to buy my house with a \$700 utility bill?" he asked last week after hearing city council candidates talk about utility issues.



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> **Carolyn Lange** 772.473.7982





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the finest in detailing, finishes and architecture. Walk to everything.

Calendar

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November

Dinosaurs Invasion Exhibit at McKee Botanical Garden. 794-0601

November 4

Riverside Cafe will host a Wine and Whiskers adoption social to benefit the Humane Society of Vero Beach and Indian River County, 6:30 – 8 p.m. 772-388-3331, x26.

November 4 - 6

Indian River Charter High School fall dinner theatre fundraiser, Caravan Across the Ancient Lands. Tickets \$35. 567-6600 ext. 110.

November 5

Artist and author JoAnne Berkow will present How to Approach Galleries and Build a Portfolio at the Vero Beach Museum of Art. 6:30 p.m. reception, 7 p.m. Vero Beach Art Club meeting, 7:30 lecture. Free and open to the public. 231-0303

November 5

17th Annual Soup Bowl at various locations throughout the county to benefit



experience the inspiration

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Regency Park is proud to have Florida Atlantic University's LifeLong Society present educational courses on our campus. Join us!

Please Call FAU at 772-873-3338 to Register - Seats Fill Up Quickly!

Date/Time	Course Title	Professor	
11/8 – 12/16 (4 Wednesdays) 2:00pm – 4:00pm	"The Crooners, Divas & Groups of Vocal Jazz"	Gary Wagner	
12/1- 12/8 (2 Tuesdays) 2:00pm – 4:00 pm	"Cultural Journeys – Egyptian Odyssey & Southeast Asia"	Ruth Kalish, Ph.D.	
12/1 – 12/15 (3 Tuesdays) 10:00am – 12:30pm	"Healthcare: Reform, Repair or Ruin?"	Ruth Kalish, Ph.D.	
12/15 Tuesday 2:00pm – 4:30pm	"Voyage of the Dammed – Steamship St. Louis"	Ruth Kalish, Ph.D.	

Location of all courses: Regency Park Senior Living Community



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the Samaritan Center for Homeless Families. 770-3039

November 5

Girl's Night Out shopping extravaganza to benefit Hibiscus Children's Center 6 to 9 p.m. at Holy Cross Parish Hall. Tickets \$25. Call Angela Astrup 978-9313 x 313

November 5

Gallery 14 welcomes new season with a gala Let the Season Begin reception, 4 – 7 p.m. Thursday, Nov. 5. 562-5525 or www.gallery14verobeach.com.

November 6 - 8

Sebastian Clambake at Riverview Park in Sebastian, 2 - 9 p.m. on Friday, 10 a.m. - 9 p.m. on Saturday, and 10 a.m. - 5 p.m. Sunday.

November 6 - 7

Chairman's Club Dinners at the Vero Beach Museum of Art. 231-0707

November 6-7

Saint Edward's Theatre Department presents The American Clock; A Vaudeville by Arthur Miller. Nov. 6 at 7:30 p.m., Nov. 7 at 2 p.m. & 7:30 p.m. at the Waxlax Center for the Performing Arts. (877) 725-8849 or www.ticketalternative.com.

November 7

LoPresti Aviation Charity Breakfast & Fly In, 9 a.m. at Sebastian Airport to benefit Love Doctors' Charities. 562-4757

November 7

Book signing, 4 p.m. at the Vero Beach Book Center with Alex Von Bidder, owner of New York's Four Seasons Restaurant and local artist Leslie McGuirk, authors of Wiggens Learns His Manners at the Four Seasons Restaurant.

November 7

Habitat for Humanity Cracker HoeDown, under the big tent at Riverside Park. Tickets \$75. 562-9860

November 7 - 8

Santa Paws Photos at the Humane Society of Vero Beach & Indian River County, Saturday 10 a.m. – 3 p.m., Sunday 11 a.m. – 4 p.m. 388-3331, x 20.

November 7 - 8

Fiesta Pops Concerts, 7:30 p.m. Saturday and 2 p.m. Sunday at the Vero Beach High School Performing Arts Center. \$10 & \$12 tickets. 564-5537.

November 9

The Indian River County Healthy Start Coalition Luncheon, 11:30 a.m. at the Club at Pointe West features guest speaker Kyra Oliver, who launched a nationwide This Side Up campaign to reduce the risk of Sudden Infant Death Syndrome (SIDS). Tickets \$25. 563-9118

November 9

Opening Night – A red carpet evening of dinner, mystery and intrigue to benefit the Homeless Family Center, 6 p.m. at the Quail Valley River Club. Event features the Sleuths Mystery Dinner Show from Orlando. Tickets \$125.567-5537

November 10 - December 7

Women's Lives Art Film Studies Course at the Vero Beach Museum of Art, "Trends in International Cinema: Feminine Mystiques. 1:30 or 7 p.m. Tuesday afternoon sessions, \$55 or \$45 members. 231-0707 ext. 136

November 11

Veteran's Day Celebration and Rededication Ceremony at 11 a.m. on the Veteran's Memorial Island Sanctuary at Riverside Park.

November 12

The Riverside Theatre Friends committee's annual luncheon fundraiser, 11:30 a.m. at the Theatre, features International Singing Chef Andy LoRusso. Tickets \$125. 231-6990

November 12

Land, Water Wildlife: Along the Greenway Trail to benefit Indian River Land Trust, 6 p.m. at Rock City Gardens presents an evening of natural wonders and wildlife under the stars. Tickets \$125. 794-0701

November 12 - 29

The award winning musical Cabaret will be performed at the Vero Beach Theatre Guild. 562-8300

November 13 - 14

6th Annual Indian River County Firefighters' Chili Cookoff at Pointe West. New Friday night International Fest-of-Ale and Fine Cuisine (21 and older) event, 5 – 9 p.m., \$25 advance, \$30 at gate. Firefighters Chili Cookoff on Saturday noon – 9 p.m. with children's play area. \$5 wristband for chili sampling. 473-6940

November 14

The Alzheimer & Parkinson Association of Indian River County hosts the 6th annual Walk to Remember charity fundraiser at Riverside Park. Registration at 7:30 a.m.; walk at 8:30 a.m. 563-0505 or www.alzpark.org

November 14

The Education Foundation of Indian River County hosts a Rags to Riches Party at the Moorings Club to benefit the Foundation's programs. Tickets \$100. 564-0034

November 14

Oceanside Business Association's free Beach Concert Series, 5:30 – 8:30 featuring "Old Barber Bridge" to be held in front of the Holiday Inn.

November 16

Guest speaker Jennifer Read Hawthorne, co-author of Chicken Soup for the women's Soul and Chicken Soup for the Mother's Soul, speaks on the topic Love the Life You Live at a breakfast to benefit Indian River Impact 100, 8:30 a.m. at Oak Harbor Clubhouse to benefit Impact 100. Tickets \$20. 234-4315

November 16

8th Annual Golf Tourney at the Vero

Calendar

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Beach Country Club to benefit the Boys & Girls Clubs of Indian River County. 7:30 a.m. pro-am start, 12:30 p.m. regular tournament start. 299-7449 or www. bgcirc.org

November 16

Chocolate, Champagne & Chefs, 6 p.m. at Quail Valley River Club to benefit Big Brothers Big Sisters. (772) 770-6000

November 18

Author Betsy Carter presents The Puzzle King, 4 p.m. at the Vero Beach Book Center. 569 2050

November 18

National Philanthropy Day Awards Presentation, hosted by the Association of Fundraising Professionals, will be held at the Vero Beach Museum of Art. 231-0707 ext. 106

November 19

Book Signing Tea to benefit Alzheimer & Parkinson Association with guest speaker Leeza Gibbons and author Dr. Rosemary Laird, 4 p.m. at Oak Harbor Clubhouse. \$25 pp includes copy of "Take Your Oxygen First." 532-9127

November 19

Save the Chimps fund-raiser 5:30 to 9 p.m. at the Vero Beach Hotel and Spa. www.SaveTheChimps.org.

November 19 – December 6

Riverside Theatre presents, It's A Wonderful Life: A Live Radio Play, on the Stark Mainstage. 231-6990

November 20

The Twilight Saga: New Moon premier at Majestic Theatre to benefit Homeless Family Center. (772) 770-0774 or visit www.majesticvero.com

November 20 - 21

Riverside Children's Theatre's annual Festival of Trees begins with the Preview Gala, 6:30 p.m. Nov. 20. Tickets \$150; \$75 for people under 35. Regular Showcase is Nov. 21 & 22 from 10 a.m. – 5 p.m., tickets \$7 adults, \$3 children. Family Night is 6 p.m. Nov. 21, tickets \$35 for family of four, \$10 each additional person, children under two free. 231-6990

November 21

Kiwanis Vero-Treasure Coast Golf Tournament at Grand Harbor Golf Club to benefit Hibiscus Children's Center. 8 a.m. shotgun start. \$150 per person; \$500 per foursome. Call Angela Astrup 978-9313 x 313 or Al Sammartino 778-9711.

November 21

Vero Beach High School Bulls-Eye Extravaganza, noon to 5 p.m. at the Indian River County Fairgrounds. \$5 ticket gets you a square on the field – if your cow "marks the spot" you win. 633-7683

November 21 - 22

The 26th Annual Vero Beach Fall Boat Show, featuring boat dealers and suppliers, will be held from 10 a.m. to 5 p.m. at Riverside Park. Free parking and admission. 562-7922

CONTINUED ON PAGE 76



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Calendar

CONTINUED FROM PAGE 75

November 22

Emerson Center Special Guest Performance of Doug Wilson's ABC's Wide World of Sports Odyssey, at the Emerson Center at the Unitarian Universalist Felllowship. 4 p.m. and 7 p.m. shows with a VIP Cocktail Reception at 5:30 p.m. 778-5249 or

www.The EmersonCenter.org.

November 26

2nd Annual Treasure Coast Turkey Trot Against Hunger, a 5K run to benefit the Harvest Food & Outreach Center. 6:30 a.m. registration, 7:20 a.m. run at Riverside Park. \$20 in advance; \$25 day of event. 772-569-7364 or www.trotagainsthunger.org.

November 27

Christmas in Downtown at Downtown Friday, presented by Main Street Vero Beach and Vero Heritage, Inc. on 14th Avenue in historic downtown. Free admission. www.mainstreetverobeach.org

November 28

The Vero Beach Book Center's Holiday Open House with Santa Claus, 11 a.m. to 1 p.m. in the Children's Store. 569 2050

November 29

The Vero Beach Art Club presents Art in the Park - Outdoor Art Exhibit & Sale, 10 a.m. to 4 p.m. at Humiston Park on Ocean Drive. 231-0303

December

December 3

The Emerson Center Humanities Series presents Telling' It Like It Is, with Hank Mattson, recounting the life and times of Florida cattlemen over the past 400 years. 7 p.m. lecture is complimentary. 778-5249

December 4

Author Rusty McClure presents Cincinnatus; The Secret Plot to Save America, 5:30 p.m. at the Vero Beach Book Center. 569 2050

December 4

Charity Golf Tournament at Bent Pine Golf Club to benefit the Environmental Learning Center. 589-5050x 101

December 5

LoPresti Aviation Charity Breakfast & Fly In, 9 a.m. at Sebastian Airport featuring LoPresti Fury, Corkey Fornof and Patty Wagstaff. 562-4757

December 5

Vero Beach Art Club's Art Trail, 10 a.m. to 4 p.m., presents a tour of 10 artist studios. Tickets \$25 each or \$45 for two. 231-0303

December 5

Illusions Annual Winter Gala, 6:30 p.m. at The Moorings Club to benefit Hibiscus Children's Center. Tickets \$250. Call Angela Astrup 978-9313 x 313





SEA OAKS Lowest priced 2BR tennis villa! Completely redone in 2005. Airy treehouse feel with fabulous screened porch! \$199,000. Karen Abell 532-8501. (#104984)



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December 5

Pioneer Christmas at the Hallstrom Farmstead, noon to 3 p.m. Bring a picnic lunch and enjoy entertainment, beverages and dessert provided by the Indian River Historical Society. \$7 IRHS members, \$10 non-members; children under 12 free. 778-3435

December 5

Christmas parade on Ocean Drive, 5:30 p.m., sponsored by Oceanside Business Association and Vero Beach Rotary Club.

December 9

Gatekeepers of the Garden Dinner at McKee Botanical Garden. 794-0601

December 9

Author Larry Baker presents A Good Man, 7 p.m. at the Vero Beach Book Center. 569 2050

December 11 – 12

MardyÐs Tennis & JakeÐs Music Fest to Benefit the Mardy Fish Foundation returns to Vero Beach December 11 & 12. December 11 features a Kids Clinic 4 – 5 p.m. at Grand Harbor Golf Club and the Jake Owen Concert at 8 p.m. at the Vero Beach High School Performing Arts Center. December 12 begins at 12:30 p.m. with a Barbeque Luncheon, followed at 2:30 by a Tennis Exhibition. (866) 333.7623

December 12

Vero Beach Holiday Home Tour, 10 a.m. to 4 p.m. presented by Christ by the Sea United Methodist Church to benefit Homeless Family Center, Indian River Habitat for Humanity and the Source. Tickets \$25 in advance, \$30 event day. 231-1661, ext. 302 or www.verobeachholidayhometour.com.

December 13

The Vero Beach Art Club presents Art in the Park - Outdoor Art Exhibit & Sale, 10 a.m. to 4 p.m. at Humiston Park on Ocean Drive. 231-0303

December 13

Author Debbie Macomber presents The Perfect Christmas, 1 p.m. at the Vero Beach Book Center. 569 2050

December 18 - 21

Holidays at McKee at McKee Botanical Garden. 794-0601

December 19 & 20

40th annual presentation of Handel's Messiah performed by the Treasure Coast Chorale, Atlantic Classical Orchestra and world class soloists, 7 p.m. at the First Baptist Church. Free (772) 567-4311

December 31

New Year's Eve Celebration at Riverside Theatre with food, fun and live entertainment on the Waxlax Stage and in the Orchid Lobby begins at 10:30 p.m. Tickets \$100. 231-6990

December 31 - January 17

Riverside Theatre presents Ella, featuring over two dozen of Fitzgerald's biggest hits, on the Stark Mainstage. 231-6990

January

January 3 The Vero Beach Art Club presents Art in the Park - Outdoor Art Exhibit & Sale, 10 a.m. to 4 p.m. at Humiston Park on Ocean Drive. 231-0303 or www.VeroBeachArtClub.org

January 7

The Emerson Center Humanities Series presents Gary Mormino's Emmy-winning PBS documentary, The Florida Dream, a history of Florida since WWII based on his book Land of Sunshine, State of Dreams. 7 p.m. lecture is complimentary. 778-5249

January 7

Atlantic Classical Orchestra presents Vaughn Williams Overture to The Wasps, Ravel La Tombeau de Couperin and Mahler Symphony #4 (Chamber Version). 8 p.m. at the Waxlax Center for the Performing Arts at St. Edwards School. (866) 310-7521

January 7 - 10

18th Annual Antiques Show & Sale to benefit the Vero Beach Museum of Art. Preview Party is 5 – 8:30 p.m. Jan. 7, tickets start at \$100. Show & Sale is 10 a.m. – 4 p.m. Jan. 8-12, tickets \$10. 231-0707



Classifieds

Real Estate

Page 78

Featured Real Estate Sales on the Barrier Island: Oct. 22 to Oct. 28, 2009



This week's featured real estate transaction on the barrier island was of a home in the Orchid Island Golf & Beach Club.

This elegant 3 bedroom plus study residence at 508 White Pelican Circle was built in 2000 by Barth Construction, and offers golf views with lush landscaping for total privacy.

The home, which was listed in January 2008 for \$1.595 million, closed on October 26th for \$1.2 million.

The seller of the 3,656-square-foot home was represented by Robert Niederpruem of Orchid Island Realty. The buyer in the transaction was represented by Robert DeWaters of Dale Sorensen Real Estate.

Single-Family Residences and Lots

Subdivision	Address	Listed	Original Asking Price	Sold	Selling Price
CACHE CAY	104 CACHE CAY DR	9/3/2008	\$449,000	10/28/2009	\$410,000
SANDPOINTE	1608 SANDPOINTE LN W	2/2/2009	\$950,000	10/28/2009	\$856,250
BERMUDA CLUB	9082 CASTLE HARBOUR CIRCLE	3/16/2009	\$675,000	10/23/2009	\$600,000
SEA OAKS	1715 ORCHID ISLAND CR N	8/26/2009	\$424,000	10/23/2009	\$350,000
SUNSET DRIVE	925 ROLAND MILLER DRIVE	3/12/2009	\$299,900	10/23/2009	\$175,000
TURTLE COVE	3485 MARINERS WY	7/22/2009 —Data from MLS	\$229,000	10/23/2009	\$194,000

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SAT: 9:00 AM - 7:00 PM • SUN: Noon - 6:00 PM

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MAGNIFICENT OCEAN VIEWS



50 BEACHSIDE DR, #301—3,810 A/C SQ. FT. Exquisite 3 bedroom plus study, 4 bath penthouse. French doors open to a covered stone terrace with summer kitchen. **\$2,650,000 New Listing**

AKE & GOLF VIEWS



807 PEMBROKE CT—COURTYARD LIVING 3 bedroom plus office, 4.5 bath home includes a separate 1 bedroom, 1 bath cabana. Spectacular lake and golf views. **\$995,000 New Listing**

MORNING SUN & OCEAN BREEZES

424 INDIES DRIVE—GOLF ESTATE

Classic 3 bedroom plus study, 3.5 bath West

Indies inspired estate. Spectacular lake and golf

views, high-end finishes. \$1,995,000 New Listing

RESORT STYLE RETREAT



406 INDIES DRIVE—GOLF ESTATE Exquisite 4 bedroom plus study, and 4 plus 2 half bath residence overlooks 2 large lakes and 18th Fairway. Infinity pool. **\$2,950,000**

PRISTINE OCEANFRONT LIVING



20 BEACHSIDE DR, #102—3,810 A/C SQ. FT. Elegant 3 bedroom plus study, 4 bath residence with French doors, stone terrace, summer kitchen and ocean views. \$2,090,000 New Listing

EXQUISITE DETAILS

514 WHITE PELICAN CIRCLE—GOLF ESTATE 3 bedroom plus library, 4.5 bath residence overlooks 5th green and enjoys morning sun and ocean breezes. **\$1,985,000 New Listing**

TRANQUILITY & ELEGANCE



602 HERON PT COURT—GOLF ESTATE Newly constructed Zugelter 4 bedroom plus study, 4.5 bath residence enjoys sweeping golf vistas. Exquisite high-end finishes. \$3,975,000

SPECTACULAR SETTING



120 SEASPRAY LANE—GOLF ESTATE 3 bedroom plus office, 4.5 bath estate on nearly 3/4 acre homesite. Separate 1 bedroom, 1 bath detached guest cabana. **\$2,275,000 New Listing**





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The Vero Beach Barrier Island Newspaper

VERO BEACH 32963

November 5, 2009

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Boater's Paradise Over 100' of deep water bulkhead/Large dock 4 Bedrooms/3 baths/Quiet cul-de-sac \$675,000



Moorings Charmer 3 bedrooms/3 baths/Den/Immaculate Oversized lot & deep water dock \$975,000



Ideal Family Waterfront 5 bedrooms/4.5 baths/Fabulous game room Located in the Anchor, protected deep water dock \$1.850.000



Life's A Beach 2 & 3 bedrooms/Fabulous ocean views Outstanding floor plans, pristine beach \$429,000 - \$859,000



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Terrific Townhouses & Villas $2\$ & 3 bedrooms/Wonderful floor plans Some w/private pools & garages/beach access \$219,000 - \$595,000



Waterfront Home AND Boat Great 3 BR home + 2008 Ranger boat Truly Florida living at it's best! \$1,265,000



Views! Views! Views! 3 bedrooms/3 baths/Den/Dock Wonderful oversized lot w/great views \$985,000



Bank Owned Waterfront Incredible opportunity/Over 120' of bulkhead 4 BR plus a Library/3 car garage/Outstanding! \$1,750,000



Sunsets, Dolphins & Manatees 2 & 3 bedrooms/Some with docks Perfect for a getaway or full time residence \$199,000 - \$595,000